Dear Sisters and brothers,

Season of Lent in a special season of repentance and grace. My prayer to all of us is that during this season, may we spend time with the Lord in prayer with fasting and almsgiving. Please read the below reflection of Pope Francis on Ash Wednesday.

Lent: a time to rediscover the direction of life.

“Lent is the time to rediscover the direction of life. Because in life’s journey, as in every journey, what really matters is not to lose sight of the goal”. During a journey, if we are distracted we will not get far, and he encouraged believers to ask themselves whether they are seeking the way forward in the journey of life or whether they are satisfied with living in the moment and thinking only of feeling good, solving some problems and having fun.

“What is the path?” he said, “Is it the search for health, which many today say comes first but which eventually passes? Could it be possessions and wellbeing?” The Lord is the goal of our journey. We are not in the world for this, Pope Francis pointed out, “the Lord is the goal of our journey in this world. The direction must lead to him”.

Pope Francis explained that the mark of ash we receive on Ash Wednesday is a sign that helps us find our direction: “it is a reminder that of the many things occupying our thoughts, which we chase after and worry about every day, nothing will remain. No matter how hard we work, we will take no wealth with us from this life”. Earthly realities, he said, “fade away like dust in the wind.

The three steps of Lent

Pope Francis reminded the faithful that the Gospel proposes three steps that are to be undertaken without hypocrisy and pretence: almsgiving, prayer, fasting. He said they are practices that bring us back to the three realities that do not fade away: “Prayer reunites us to God; charity, to our neighbour; fasting, to ourselves”. God, my neighbour, my life.

He explained that “God, my neighbour, my life” are the realities that do not fade away and in which we must invest.

Many blessings,

Fr. Anthoni Adimai SdM.
Administrator – Adelaide Cathedral Parish

Adelaide Cathedral Parish

Apostolic Administrator
Most Rev Gregory O’Kelly SJ, AM, DD

Administrator
Fr. Anthoni Adimai SdM

Assistant Administrator
Fr. Peter Rozitis

Assistant Priests
Fr. My Tran
Fr. Joseph Raja
Fr. James McEvoy
Fr. Francis Tawil
Fr. Bakhos Azar

Latin Mass Chaplains
Fr. Michael McCaffrey, FSSP
Fr. Adrian Wee, FSSP

Deacons
Rev. Celestino Dias
Rev. Anthony Hill
Rev. Nick Kerr
Rev. Remo Patroni
Rev. Alfred Donat

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am–4.30pm • 8232 8688.
39 Wakefield St (corner of Wakefield and King William St) Adelaide SA 5000.
Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelcathparish.org.au • www.adelcathparish.org

Parish Pastoral Team

Rite of Christian Initiation of Adults
Fr. Peter Rozitis/Parish Office 8232 8688

Finance and Maintenance Coordinator
Trevor McAuliffe 8210 8194

Pastoral Associate (Dulwich/ Burnside)
Sr Mary Cresp 0419 613 279

Pastoral Assistant (Queen of Angels/ Holy Name)
Maria Iadanza 8232 8688

Office Coordinator/ Administration
Kate Hampton 8232 8688
Conrad Fernandez 8232 8688

Sacramental Coordinator (Mon & Thu 9.30am-3pm)
Jen Sherlock 8210 8242

Parish Pastoral Council Chairperson
Dr Bill Griffiths 0488 057 660

Aboriginal Catholic Ministry
Otherway Centre 8362 3185

Schools in the parish
St Aloysius College • www.sac.sa.edu.au
Principal: Ms. Paddy McEvoy • 8217 3200

Christian Brothers College • www.cbc.sa.edu.au
Principal: Mr Dan Lynch • 8400 4222 (Junior Campus) • 8400 4200 (Senior Campus)

St Mary’s College • www.stmaryscollege.catholic.edu.au
Principal: Ms Clare Nocka • 8216 5700

St Patrick’s Special School • www.stpats.catholic.edu.au
Principal: Ms Cathy Sires • 8332 1555

Music Notes from the Cathedral Choir

There are two themes running through the music chosen for this Sunday before the Season of Lent begins next Wednesday. The first is the call to praise and joy, as the Psalmist mentions in the Entrance Antiphon from Psalm 12 “my heart will rejoice in your salvation (so) I will sing to the Lord who has been bountiful with me”. What better way to emphasise this than to sing the words to Praise my Soul the King of Heaven (CWBI n 558): “Praise him! Praise him! Alleluia!” We pick this theme up again in the Recessional Joyful Joyful (CWBI n 528).

The second theme is, of course, love, particularly as it is presented to us in St. Matthew’s Gospel this week. So we will meditate on the words of Ubi Caritas at the Offertory, using different versions at the different Masses (check your Mass sheets) and Love is His Word for Communion (CWBI II 553).

Our Lenten season will be upon us next Wednesday and on that day at various Masses we will use the ancient Gregorian chants of Jesu Dulcis Memoria dating from the 11th century, Attende Domine, the text of which dates back to the 10th century and Parce Domine, attributed to St Ambrose from the 4th century. Just as these melodies have been chanted from time immemorial by countless generations of Catholics over the whole earth, we will join our hearts, minds and voices with that great chorus as we begin our Lenten discipline on our path to the Easter celebrations.

- Timothy Davey - Director of Cathedral Parish Music

The Adelaide Cathedral Young Adults Group Invites All Youth

Dear All Young Adults,

The Adelaide Cathedral Young Adults Group begins their gatherings again on the 23rd of February after 6pm Sunday Mass. During our gatherings in the Cathedral Hall on the 2nd and 4th Sundays after Mass, we plan to have some food and socialise from 7:00 - 7:30pm, then from 7:30 - 8:30pm, we will do a combination of prayer, bible study, catechism and group discussions lead by the core group members.

We also plan to invite local guest speakers (mostly priests) to come and speak with us on some days. Every 1st and 3rd Sundays, some of us will sing for the 6pm Mass and anyone is more than welcome to join us. On the 5th Sundays, we will have a social gathering.

Our first gathering will be an introductory one where you can come to find out more about what you can expect every time you come to our gatherings. All young adults are welcome and we look forward to seeing you there to build companionship and grow in our faith together. Please join us on any of the days mentioned above or contact the Parish office to register your details. Thank you and God bless.

- Thien Do - Young Adults Group Coordinator

Safeguarding Children

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.
**Prayer Requests**

**Recently Deceased:**

**Queen of Angels:** Francesca Tassone.

**Deceased Anniversaries:**

**Cathedral:** Elvira Noronha E Souza, Kathleen McEvoy, Deane Baker, Sara Aedo, Hildegard Myszka, Kevin Colmer, Antonio Da Silva, Joana & Diego Da Silva.

**Queen of Angels:** Paola Carlo, Stefano Chiantore, Ampelia, Francesco Chiappin, Carmela Costa, Giovanni & Teresa Merola and Anna Marafioti.

**John Vianney/St. Peter Claver:** Sybil McMahon & family and Peter Mcluire & family.

**Holy Name:** Giandomenico & Giovanna Iadanza, Allen Vincent Henderson and John Patrick Henderson.

**St. Marys:** Mary-Ann McNamee.

**Sick:**


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**Lenten Regulations on Fasting & Abstinence**

Ash Wednesday, Feb 26, marks the beginning of Lent. Abstinence from meat is observed on Ash Wednesday, Good Friday and all Fridays of Lent by all Catholics 14 years and older. Fasting is observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59. During Lent, the Church encourages attendance to daily Mass, self-imposed times of fasting and generosity to local and national programs of sharing.

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**Project Compassion Family Lenten Campaign**

23rd February 2020

Please take home a Project Compassion box and/or a set of donation envelopes and support Caritas Australia this Lenten season themed “Go Further Together”.

As Teresa of Calcutta said, “Not all of us can do great things. But we can do small things, with great love.”

You will be helping empower our world’s most vulnerable communities to grow stronger and share their strengths with their communities to lift themselves out of poverty.

When we Go Further Together in love and compassion, the whole world thrives.

You can donate through Parish boxes and envelopes available in the church, or by visiting the website www.caritas.org.au/projectcompassion or via phone: 1 800 024 413.

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<tr>
<th>Parish</th>
<th>Monday 24th February</th>
<th>Tuesday 25th January</th>
<th>Wednesday 26th February</th>
<th>Thursday 27th February</th>
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<th>Saturday 29th February</th>
<th>Sunday 1st March</th>
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<tr>
<td>St Francis Xavier Cathedral</td>
<td>8am,12.10pm,5.45pm</td>
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<td>8am,11.30am,6pm Vigil</td>
<td>7am,9am,11am, African Mass 2.30,6pm</td>
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<td>Reconciliation</td>
<td>11am &amp; 5pm</td>
<td>11am &amp; 5pm</td>
<td><em>6.30–7.30pm:</em> Adoration for youth and young adults</td>
<td>11am &amp; 5pm</td>
<td>Stations of the Cross at 11am <em>11.50am</em></td>
<td>12pm &amp; 4.30pm</td>
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<td><em>Exposition</em></td>
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<td>St Peter Claver</td>
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<td>Queen of Angels</td>
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<td>8.30am English, 6pm Malayalam</td>
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<td>8.30am Malayalam,6pm Vigil English 4.30pm Malayalam</td>
<td>9.30am Mass Italian/English 4.30pm Malayalam</td>
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<td>Holy Name</td>
<td>7am Latin 9.30am Latin</td>
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<td>St Patrick’s</td>
<td>Thursday: 7pm Mass followed by Exposition</td>
<td>Croatian: Sunday 10.30am</td>
<td>Portuguese: 1st, 3rd &amp; 5th Sundays 4pm</td>
<td>9.15am**</td>
<td>11am English/Italian 5pm Latin Low Mass 6pm Vespers</td>
<td>9.30am Mass Italian/English 4.30pm Malayalam</td>
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Adelaide Cathedral Parish  
Seventh Sunday in Ordinary Time – Year A  
23rd February 2020
Latin Mass Community

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<th>Day</th>
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<td>Sunday</td>
<td>Quinquagesima</td>
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1st Holy Communion classes continue today at 10.45am.

Congratulations to David Young who was baptised, confirmed and made his 1st Holy Communion this weekend.

Shrove Tuesday is this Tuesday, 25th Feb. There will be a 6.30pm mass, followed by pancakes in the meeting room. All Welcome.

Ash Wednesday is this Wednesday, 26th Feb. There will be low Masses at 7am and 9.30am, and Solemn Mass at 6.30pm. Distribution of the Blessed Ashes will occur at all masses.

The Holy Name Men’s Group meets this Wednesday evening at 8pm in the presbytery at Dulwich. Rosary and talk.

Stations of the Cross will be held at 6pm every Friday in Lent. The Youth Group meets this Friday at 7.15pm. The Young Adults Group meets this Sunday after the 6pm Holy Hour.

Next Sunday, 1st March, after the 9.15am mass the Youth Group will hold its annual car wash to raise funds for Project Compassion $10/small vehicle. $15 large vehicle.

Project Compassion boxes/envelopes are available at the doors of the church. Please take one home.

Latin for absolute beginners continues at 7pm on Mondays in the meeting room. All welcome. Please see Ross for details.

Please take a flyer about our upcoming pilgrimage to Penola on the weekend of 21/22 March.

The 2020 Latin Mass Community events calendar is now available on orange paper. Please take a copy home.

The volunteer requirements for a police clearance have recently changed. All volunteers aged 14 years and older are now required to obtain a police check before they can volunteer. Please see Fr McCaffrey for more details.

Please remember the sick in your prayers, especially, Elisabeth Duluk, Brian Barry, Anne Russell, Miki Caputo, Terry Hockley (Jess Marsh’s father), Germaine Miernik, Vincenza Martucci (Ines Barson’s mother). Please remember also the recently deceased, especially Beni Hasheem, Elizabeth Doyle, and also those whose anniversaries occur about this time.

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member.

Please be careful of small children when exiting the car park after Mass and a reminder to all parents to watch their children after Mass.

Latin Mass Community
It would be appreciated if you could park at the back of the car park near the creek first and avoid parking in the numbered spaces in front of Ellengowan Hall. There is more car parking available in St Peter’s Street (across Payneham Rd), and also across the creek (off Nelson St). Thank you for your understanding.

Cathedral Parish Lenten/Easter Program
This year’s Lenten/Easter program will be a journey with Jesus from the entry to Jerusalem to the resurrection as recounted in Matthew’s Gospel. The sessions will be held in the Cathedral Hall on five Thursdays and a Friday (5, 12, 20, 26 March, 2 and 16 April) between 1pm and 2.30pm. Participants will need access to a Catholic version Bible. Printed materials will be provided and participants are asked to contribute $5 to cover the cost. For information and registration (which is essential in order to ascertain the number of sets of material to print) please contact Br Martyn on 0426884800 or at martynpaxton@gmail.com.

Faith on Fire Seminar
The Catholic School of Evangelisation invites all our parishioners to a “Faith on Fire” Seminar on Saturday, 29th February in St. Peter Claver Parish hall.

Guest speaker & celebrant: Fr. Santosh Pereira MSFS.
Topic: God our Compassionate Father on the Parable of The Prodigal Son.
Date & Time: 29th February from 10am to 3pm.
Meals: BYO lunch. Tea & Coffee will be provided.
Address: 1A, Stuart Road, Dulwich.

The Seminar will include Praise & Worship, Mass, Teachings. Fellowship, Reflection, Adoration and Confession. Your generous donation is appreciated. All are welcome.

Please further information on the seminar please contact: Carmen Sylvester on 0419 144 872.

Children’s Liturgy of the Word at Burnside
Next Sunday 1 March, Children’s Liturgy of the Word will continue at St John Vianney’s Church, Burnside, at the 9am Mass. This is the first Sunday in Lent which will provide the focus of the Liturgy. This is an adaptation of the adult Liturgy designed to suit primary aged school children (5 to 12 years). The Gospel reading taken from the Lectionary for Masses with Children will be the centrepiece. We invite all children of primary school age and their parents to attend. The next Children’s Liturgy of the Word for Children will be on Sunday 5 April, Palm Sunday.

Billings Life – Leaders in Fertility Education
Trying for a baby? Having trouble conceiving? There - is a real alternative to IVF – Billings LIFE Ring for a friendly chat on 1800 335 860 or 03 9802 2022 Website: www.billings.life. If you have been trying to have a baby without success, our tutors can provide essential information, which will give you the best chance to achieve your pregnancy naturally.