Dear Sisters and brothers,

It is easy to read the gospel account of the temptation of Christ and only see the great love He had for us, to see the personal cost of His sacrifice for us without recognizing that in all things He is an example to us. We see His hunger, His struggle with misuse of His powers, and the temptation to achieve His purpose through power and not through love.

In fact the temptations are relevant to each of us.

We can't turn stones into bread; but we are constantly tempted with sensory pleasures. It is not just that as a society we are obsessed with food and drink, but entertainment, Social Media, obsession with our bodies and health and all the things that a materialistic society draws us to.

We aren't tempted to jump from the temple; but we struggle with patiently accepting God’s will. "Why won't God answer our prayers? Can’t we do something to make this happen?"

We know if something is to be a “good” outcome, it surely must be God’s will, so we won’t consider the morality of the means we use to achieve it.

We struggle with patient acceptance of the unfolding of God’s will over time.

Few of us are directly tempted to worship Satan, but we regularly have to remind ourselves that we need to use God’s ways and not what appears convenient at the time. We live for God and not to achieve fame, fortune or power by adopting the standards of the world around us.

In Lent the Church reminds us of three tools for resisting temptation.

Prayer: To submit ourselves to God’s will and to turn from ourselves to the loving God who loved us into being.

Fasting: To turn away from the sensory stimulation that turns us away from God.

Alms giving: (Charity, Material and in Relationships) to return to the right relationship with our brothers and sisters for which we were loved into being.

Many blessings,
Fr. Peter Rozitis - Assistant Administrator
Adelaide Cathedral Parish
Music Notes from the Cathedral Choir

The Season of Lent affords us a rich array of Sacred Music choices, hopefully assisting us to a “full, conscious and actual participation” during Mass, as Vatican II’s Sacrosanctum Concilium n 14 states. This document reminds us that “The Church is ...so constituted that in her the human is directed toward and subordinated to the divine, the visible to the invisible, action to contemplation, and this present world to that city yet to come.” (n 2)

One of the purposes of the Entrance Chant is to “introduce our thoughts to the mystery of the liturgical season” (General Instruction on the Roman Missal n.47) so we begin our Lenten meditations with the appropriately named From ashes to the living font (CWBII n 289) and at the Solemn 11am Mass in the Cathedral we will use the actual Introit chant with its verses, Psalm 90 – “When he calls on me, I will answer him”.

Our Offertory hymn at each Mass will be Edwin Hatch’s O Breathe on me (CWBII 564) which sets an ancient Irish melody (St Columba) to good use.

Our Communion hymns reflect the Communion antiphon, Bread of Life (CWBII 459), On Eagle’s Wing’s (CWBII 654) and Be with me, Lord (CWBII 286) (see the Mass sheet for at which Masses they will be used).

Our recessional will be either God of Mercy and Compassion (CWBII 290) or Forty Days and Forty Nights (CWBII 288) to keep us mindful of our commitment to Lenten penitence and admonitions to fast and pray for mercy.

- Timothy Davey - Director of Cathedral Parish Music

World Day of Prayer at St. Patrick’s Church on March 6th

The World Day of Prayer will be held on March 6th at 10am in St. Patrick Church, Grote Street. We will be praying especially for the people of Zimbabwe. All are welcome to attend. Please visit www.worlddayofprayeraustralia.org for more information.

Lenten Regulations on Fasting & Abstinence

Ash Wednesday, Feb 26, marks the beginning of Lent. Abstinence from meat is observed on Ash Wednesday, Good Friday and all Fridays of Lent by all Catholics 14 years and older. Fasting is observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59. During Lent, the Church encourages attendance to daily Mass, self-imposed times of fasting and generosity to local and national programs of sharing.

Queen of Angels Donation

We would like to sincerely thank the parishioner who made a very generous anonymous donation towards the completion of the Queen of Angels staircase. This donation has helped us get closer to our final goal of carpeting the staircase. We thank all our parishioners for their continued generosity.

Safeguarding Children

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.
Prayer Requests

Recently Deceased:

Holy Name: Brian Barry and Valerie Henderson.
Cathedral/ St. Patricks: Philip La Forgia.
St. John Vianney: Sheila Clair Elder D’Mellow

Deceased Anniversaries:


Queen of Angels: Roma Mitchell, Rocco & Giuseppina Fazzolari, Paola & Caterina Romeo, Antonio & Giuseppina Trimбол, Antonio & Caterina Schimizzi, Adamo Catanzariti, Antonio Spagnolo, Domenica Spagnolo and Giulia Lustri.

John Vianney/St. Peter Claver: Karen Gilbert.

Holy Name: Antonietta Valentino & Armando Arace and Evelyn Balan.
St. Marys: Liam Murphy, Mame Healy, Kathleen Wenslee, Myrtle Pereira, Alfredo Mazzone and John Roche.

Sick:


Project Compassion
Family Lenten Campaign
23rd February 2020

Please take home a Project Compassion box and/or a set of donation envelopes and support Caritas Australia this Lenten season themed “Go Further Together”.

As Teresa of Calcutta said, “Not all of us can do great things. But we can do small things, with great love.”

You will be helping empower our world’s most vulnerable communities to grow stronger and share their strengths with their communities to lift themselves out of poverty.

When we Go Further Together in love and compassion, the whole world thrives.

You can donate through Parish boxes and envelopes available in the church, or by visiting the website www.caritas.org.au/projectcompassion or via phone: 1 800 024 413.

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<tr>
<th>Parish</th>
<th>Monday 2nd March</th>
<th>Tuesday 3rd March</th>
<th>Wednesday 4th March</th>
<th>Thursday 5th March</th>
<th>Friday 6th March</th>
<th>Saturday 7th March</th>
<th>Sunday 8th March</th>
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<tr>
<td>St Francis Xavier Cathedral</td>
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<td>8am, 11.30am, 6pm Vigil</td>
<td>7am, 9am, 11am, African Mass 2.30pm, 6pm</td>
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<td>Reconciliation</td>
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<td>6.30–7.30pm:* Adoration for youth and young adults</td>
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<td>8.30am English 6pm Malayalam</td>
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<td>8.30am Malayalam 6pm Vigil English 5.45pm</td>
<td>9.30am Mass Italian/English 4.30pm Malayalam</td>
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<td>Reconciliation**</td>
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<td>Holy Name</td>
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<td>7am Latin 6.30pm Latin</td>
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<td>Reconciliation**</td>
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<td>Thursday: 7pm Mass followed by Exposition</td>
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<td>St John Vianney</td>
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<td>Reconciliation</td>
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Adelaide Cathedral Parish
First Sunday of Lent – Year A
1st March 2020
Latin Mass Community

Today Sunday, 1st March, after the 9.15am Mass the Youth Group will hold its annual car wash to raise funds for Project Compassion. $10/small vehicle. $15 large vehicle. Please give your money and keys to Siead Ronson. And please take extra care in the car park this morning.

1st Holy Communion classes continue today at 10.45am.

The bookstore has new titles in for Lent and Easter, Sacraments, Saints and other topics. Come and browse after mass.

The Young Adults Group meets tonight after the 6pm Holy Hour.

Fr Wee will give a series of talks for Lent on the Sorrowful Mysteries of the Rosary in the meeting room at 7pm on Monday beginning this week.

Stations of the Cross will be held at 6pm every Friday in Lent.

This Friday is the 1st Friday of the month.

6.30pm: Low Mass offered for the deceased members and friends of our community.

7.30pm: 1st Friday Devotions with Adoration continuing overnight.

3am-4am: Holy Hour for clergy

5.30am-6.30am: Holy Hour for marriages & families concluding with Benediction and reposition.

7am: Low Mass

8.30am: Sung Mass

Please feel free to come and spend some time with Our Lord in prayer.

Project Compassion boxes/envelopes are available at the doors of the church. Please take one home.

Latin for absolute beginners continues at 7pm on Mondays in the meeting room. All welcome. Please see Ross for details.

Please take a flyer about our upcoming pilgrimage to Penola on the weekend of 21/22 March.

The 2020 Latin Mass Community events calendar is now available on orange paper. Please take a copy home.

The volunteer requirements for a police clearance have recently changed. All volunteers aged 14 years and older are now required to obtain a police check before they can volunteer. Please see Fr McCaffrey for more details.

Latin Mass Community

Please remember the sick in your prayers, especially, Elisabeth Duluk, Anne Russell, Miki Caputo, Terry Hockley (Jess Marsh’s father), Germaine Miernik, Vincenza Martucci (Ines Barson’s mother). Please remember also the recently deceased, especially Brian Barry, Beni Hasheem, Elizabeth Doyle, Valerie Henderson, and also those whose anniversaries occur about this time, especially Michael Desmond Wills.

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Please be careful of small children when exiting the car park after Mass and a reminder to all parents to watch their children after Mass.

It would be appreciated if you could park at the back of the car park near the creek first and avoid parking in the numbered spaces in front of Ellengowan Hall. There is more car parking available in St Peter’s Street (across Payneham Rd), and also across the creek (off Nelson St). Thank you for your understanding.

Cathedral Parish Lenten/Easter Program

This year’s Lenten/Easter program will be a journey with Jesus from the entry to Jerusalem to the resurrection as recounted in Matthew’s Gospel. The sessions will be held in the Cathedral Hall on five Thursdays and a Friday (5, 12, 20, 26 March, 2 and 16 April) between 1pm and 2.30pm. Please note the March 5th session is to be held in the Parish Office. Participants will need access to a Catholic version Bible. Printed materials will be provided and participants are asked to contribute $5 to cover the cost. For information and registration (which is essential in order to ascertain the number of sets of material to print) please contact Br Martyn on 0426884800 or at martynpaxton@gmail.com.

Children’s Liturgy of the Word at Burnside

This Sunday, 1 March, we will have Children’s Liturgy of the Word at the 9 am Mass at St John Vianney’s Church. The Liturgy will be an introduction to Lent with the Gospel reading of the day taken from the Lectionary for Masses with Children. We invite all children of primary school age and their parents to attend. The next Children’s Liturgy of the Word for Children will be on Sunday 5 April, Palm Sunday.

The Adelaide Cathedral Young Adults Group Invites All Youth

The Adelaide Cathedral Young Adults Group will meet on 8th March after 6pm Sunday Mass. During our gatherings in the Cathedral Hall on the 2nd and 4th Sundays after Mass, we plan to have some food and socialise from 7:00-7:30pm, then from 7:30-8:30pm, we will do a combination of prayer, bible study, catechism and group discussions lead by the core group members. We also plan to invite local guest speakers (mostly priests) to come and speak with us on some days. Every 1st and 3rd Sundays, some of us will sing for the 6pm Mass and anyone is more than welcome to join us. On the 5th Sundays, we will have a social gathering. Please join us on any of the days mentioned above or contact the Parish office to register your details. Thank you and God bless.

Adelaide Cathedral Parish

First Sunday of Lent — Year A

1st March 2020