Dear Sisters and Brothers,

This Sunday’s Gospel passage (cf. Mk 1:21-28) presents Jesus who, with his small community of disciples, enters Capernaum, the city where Peter lived and which was the largest city in Galilee at that time. Jesus goes to that city.

The Evangelist Mark, recounts that, since it was the Sabbath, Jesus went straight to the Synagogue and began to teach (cf. v. 21). This reminds us of the primacy of the Word of God, the Word to be listened to, the Word to be received, the Word to be proclaimed.

What does “with authority” mean? It means that in the human words of Jesus, the power of the Word of God could be felt, the authority of God, who is the inspiration of the Sacred Scriptures. And one of the characteristics of the Word of God is that He does what He says. For the Word of God corresponds to His will.

Indeed, Jesus, after preaching, immediately demonstrates his authority by freeing a man, in the Synagogue, who was possessed by a demon, (cf. Mk 1:23-36). The very divine authority of Christ provoked the reaction of Satan, hidden in that man; Jesus, in his turn, immediately recognized the voice of the evil one and “rebuked him:... Be silent, and come out of him” (v. 25). With the power of his word alone, Jesus frees the person from the evil one. And once again those present were amazed: “He commands even the unclean spirits, and they obey him” (v. 27). The Word of God arouses amazement in us. It has the power to astonish us.

The Gospel changes the heart, changes life, transforms evil inclinations into good intentions. The Gospel is capable of changing people! Therefore it is the task of Christians to spread the redeeming power throughout the world, becoming missionaries and heralds of the Word of God. This is also suggested by today’s passage which closes with a missionary perspective, saying: “his fame” - the fame of Jesus — “spread everywhere, throughout all the surrounding region of Galilee” (v. 28).

Always remember that the Gospel has the power to change lives! Do not forget this. It is the Good News, which transforms us only when we allow ourselves to be transformed by it. That is why I always ask you to have daily contact with the Gospel, to read it every day: a verse, a passage, to meditate on it and even to take it with you everywhere: in your pocket, in your bag,... In other words to nourish yourself every day with this inexhaustible source of salvation. Do not forget! Read a passage of the Gospel every day. It is the power that changes us, that transforms us: it changes life, it changes the heart.

Many Blessings,

Fr. Anthoni Adimai SdM.
Administrator - Adelaide Cathedral Parish.
**Worship**

**Entrance Antiphon:** Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

**First Reading:** Deuteronomy 18:15-20.

**Responsorial Psalm:** If today you hear his voice, harden not your hearts.

**Second Reading:** 1 Corinthians 7:32-35.

**Gospel Acclamation:** Alleluia. Alleluia! The people in darkness have seen a great light; a radiant dawn shines on those who lost in death. Alleluia!

**Gospel:** Mark 1:21-28.

**Universal Prayer Response:** Lord, hear our prayer.

**Communion Antiphon:** Let your face shine on your servant. Save me in your merciful love, O Lord, let me never be put to shame, for I call on you.

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**Next week:** Fourth Sunday in Ordinary Time.

**First Reading:** Job 7:1-4, 6-7.

**Second Reading:** 1 Corinthians 9:16-19, 22-23.

**Gospel:** Mark 1:29-39.

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**Liturgies & Activities (1st - 7th February)**

**Mon**  
St. Brigid of Ireland.

**Tue**  
Presentation of the Lord.

**Wed**  
Funeral Day of Emeritus Archbishop Philip Wilson.

**Fri**  
St. Agatha.

**Sun**  
Fifth Sunday in Ordinary Time.

**Prayer Requests**

**Recently Deceased:**  
Emeritus Archbishop Philip Wilson.

**Cathedral:** Lena Sebellico, Danny Falvey, Bet White and Stanley Lynch.

**Deceased Anniversaries:**  
Cathedral: Conching & Junior Terrenal, Gerard Nichloas, St. Marys: Kathleen Hakendorf and Donald Turner.  
Queen of Angels: Anna Marafioti.

**St. John Vianney/St. Peter Claver:** John, Joseph & Norah Healy and Dorren Mary Cholsh.

**Prayers Requests for the Sick:**

Hayley Reilly, Anton Sylvester, James Hann, Maria Carroll, Alana Roscio, Kate Hall, Tony Romeo, Emily Swan, Philip Harding, Elizabeth Romeo, Wanda Nowak, Joseph Bauer, Doris Pereira, Angelina Musico, Cynthia McMinn, Amy Lopez, Cindy Galinato-Bradley, Joy Anderson and Julie Nelson.
Latin Mass Community

‘Fundamentals of the Faith’ (a systematic catechism course for adults) starts this Monday at 7.30pm in the meeting room. This is for all who want to learn about the Catholic faith, who wish to become Catholics, or who want a ‘refresher’ in their faith.

This Tuesday 2nd February is Candlemas. At 6.30pm we will have the blessing of candles and procession followed by Sung Mass.

This Wednesday 3rd February at 6.30pm we will have a Solemn Requiem for the repose of the soul of Archbishop Emeritus Philip Wilson.

‘Apologetics for Athiests’ starts Thursday at 7.30pm at the meeting room.

Atrium commences this week on Tuesdays & Wednesdays at 10am, and Fridays at 4pm. If you have not yet enrolled your child and wish to do so, please see Lucia Snelling.

This Friday is the 1st Friday of the Month. There will be mass at 6.30pm on Friday, followed by Adoration overnight until 6.30am Saturday, with the usual holy hours for the clergy at 3am and families at 5.30am. Masses at 7am and 8.30am Saturday.

Love Adelaide’s Walk For Life will take place this Saturday morning 6th February. Please see the posters for more details.

1st HC classes for 2021 begin next Sunday 7th February. Your child must be 7 years old to enrol. Please see Fr McCaffrey or Mary Hookway for details.

Beginners’ Latin starts next Tuesday 9th February in the Meeting Room at 7:15 pm. Lessons finish at 8:30 pm sharp. This is a repeat of last year's course for both those who did it last year and for raw beginners. No ‘pre-knowledge' of Latin rules or pronunciation needed. All will be explained. Please let Ross know if you are coming, for providing printed materials, on 0423 405 578 or rodrd@gmail.com

(Correction from last week’s bulletin: Advanced Latin Classes will begin in the 1st week of March, not 4th week of Feb.)

We will soon be commencing a monthly Play Group on Friday mornings for mothers and their young children. If you have experience in caring for young (pre-school) children and would like to assist, please let Mary Hookway know.

Professor Richard Rymarz of the Broken Bay Institute is interested in doing a study of those who attend the Latin Mass aged between 20-40 years of age. (He attends a TLM himself.) Participants will be confidentially interviewed individually by Prof. Rymarz. From the study he hopes to be able to describe what factors attract and retain young people to the Latin Mass. The study would be published in a reputable local Catholic Journal. Prof Rymarz will be in Adelaide during the week of 7th-13th Feb. If you are interested in being part of this study, please see Fr McCaffrey.

Latin Mass Community

Confirmation classes for 2021 begin on Sunday 21st February. Your child must be 12 years old to enrol. Please see Fr. McCaffrey for details.

To help celebrate the Year of St Joseph, we will be holding a pilgrimage to Penola over the weekend of the 19th-21st March. Please take a flyer for details.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don’t hesitate to introduce yourself to either Fr. McCaffrey or Fr. Sofatzis after mass. There is a cuppa after the 9.15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome.

Please respect the social distancing norms, sanitise your hands and either scan the QR code displayed at each door or record your name by hand each time you enter the church. As a public health measure the Archbishop has also asked Catholics to refrain from congregational singing at Mass for the present. The Covid Marshalls for this Sunday are 8am Rob Marsh, 9.15am Brian Moran, 5pm Peter Balan.

Please see the community blogspot for other information.

Please remember the sick in your prayers, especially Miki Caputo, Anne Russell, Christopher Boast, Terry Hockley (Jess Marsh’s father), Thomas Smyth, Charlene Armour, Germaine Miernik, Vincenza Martucci (Ines Barson’s mother). Please remember also the recently deceased, especially Archbishop Philip Wilson and those whose anniversaries occur about this time, especially Elizabeth Doyle and Beni Hasheem.

URGENT REMINDER : Abortion Bill Update

The ‘Abortion to Birth Bill’ will be debated in House of Assembly on Tuesday February 2, 2021, with a vote expected that week. It is URGENT that parishioners contact their local MP by telephone/letter, plus also Premier Marshall, expressing strong opposition to this horridous Bill. Enq. Alan & Helen Tyson 8364 4516, 0412 389 875, itm54au@gmail.com.

Reminder Notice: Walk for Life

Extreme abortion legislation allowing abortion up to birth is before the South Australian Parliament. Walk for Life will be held on Saturday 6th February at Pennington Gardens (Opposite St Peter’s Cathedral) walking to Parliament House from 10.00am – 12.00pm. For more information contact www.loveadelaide.org.au

Feast of Our Lady of Lourdes

Thursday, February 11 at 10am in St Francis Xavier’s Cathedral

Each year, on World Day of the Sick a Mass is offered for those who are of ill health. All are welcome to receive a blessing and anointing.

Bookings to attend the Mass are limited and can be made via https://www.trybooking.com/BOGUU

For more information please contact Archdiocesan Events on (08) 8210 8220 or events@adelaide.catholic.org.au
Seeking Expressions of Interest for the Archdiocesan Council for Ministry for Young People

The Council for Ministry for Young People in the Archdiocese of Adelaide is seeking expressions of interest for council members. The CMYP is responsible for discerning broad Archdiocesan directions for the engagement of young people in the life and mission of the Church by providing advice and leadership to the Archdiocese of Adelaide and works closely with the Catholic Office for Youth and Young Adults. The term for new members will begin in March 2021. Applicants should be at least 18 years old and out of school. Apply online at https://forms.gle/8gPTHVehRWsbl2Dw7. Please contact Peter Bierer in the Catholic Office for Youth and Young Adults, peter.bierer@cesa.catholic.edu.au or 8301 6866. Applications close February 8 2021.

The Spirit of the Liturgy

*The Spirit of the Liturgy* - a short course presented by Dr. Jenny O’Brien of the Archdiocese’s Office for Worship. Held across five evenings, commencing on Thursday February 11, the course explores the feasts and seasons of the Liturgical Year and looks at the various liturgical ministries commonly undertaken within the parish community. The course will be held in the Cathedral Hall of St Francis Xavier’s Cathedral in the city, cost is $50 per person.

To register your interest, please contact the Office for Worship on P: 8210 8130 or visit the Office for Worship website on www.ofw-adelaide.org.au.

Day of the Unborn Child Appeal Feb 6/7

In the Archdiocese of Adelaide, the Day of the Unborn Child occurs on the Feast of the Annunciation, March 25. As this feast day falls during Lent it was felt it would be more appropriate to hold the Appeal earlier in the year. A special collection will be held on the weekend of February 6 & 7 in support of the work undertaken by Birthline, Right to Life in South Australia, Matercare Australia & Genesis Pregnancy Support Inc. The Day of the Unborn Child assists us to focus on those people in our families and communities who have experienced any sort of childbearing loss, whether miscarriage, stillbirth, the death of a baby soon after birth, or abortion. We thank you in anticipation for your generous support of those who work tirelessly with individuals and families who require these important resources and services.

Feast Mass of St. Josephine Bakhita

Monday 8th February is the Feast of St. Josephine Bakhita, the patron saint of modern slavery and human trafficking. The African Catholic Community will celebrate the Canossian Sister’s feast day at Mass on Sunday 14th February in St Francis Xavier’s Cathedral at 2:30pm. Please book via: https://www.trybooking.com/BJYNQ

COVID-19 Protocols Update January 2021

The latest information provided by the Premier includes:

- **Places of worship** have a density requirement of 1 person per 2 sqm.
- **Funerals** are capped at 200 people and requiring 1 person per 2 sqm.
- **Weddings** are capped at 200 people and requiring 1 person per 2 sqm.
- **COVID Safe Check-in** via the app is still required.
  - Kindly scan in via the QR on display at the entrance.
  - The app makes record keeping and contact tracing safe and easy. You may also keep a paper recording template for those who don’t have a mobile phone.

Thank you for your continued efforts in helping keeping our communities safe. Any changes to these restrictions will be communicated as soon as possible.

- Hand sanitiser is to be available at church entrances. Kindly sanitise your hands before entering the church.
- There should be no physical contact outside one’s family or household group. There should be no shaking of hands or holding hands during the Mass.
- Every gathering must record contact details. Logs are located at the entrance to the church. Precious Blood will not be distributed.
- No collection plates or hymn books are to be passed around.
- Communion is given only in hands.
- Holy Water is not available at the doors of churches. Collection plates will not be passed around but a single drop point is provided at the churches.
- Offertory procession will be omitted.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Sick and high risk/vulnerable people should be encouraged not to attend.
- Care should be taken at the dismissal and on leaving the church to minimise social contact.

Please follow the safety instructions of the designated COVID Marshals when you are attending services in all churches of the Parish. Thank you for your cooperation.

Safeguarding Children

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.

Catholic Clergy-Laity Golf Day

The Catholic Clergy-Laity Golf Day will be held at West Beach Park Golf on Monday 1st March with a 12.30pm shotgun start. Attractive prizes to be won. The John Mahoney Parish Trophy will be awarded to the parish with the best three Stableford scores. Spouses and friends are welcome to attend the presentation dinner from 6.15pm. Cost for golf and dinner is $85 (discount for clergy & pensioners). Entries close on Friday 19th February, Field limit of 100. For enquiries contact Denis Toohey on 83531273.