



Fifth Sunday in Ordinary Time

In today's Gospel (cf. Mt 5:13-16), Jesus says to his disciples: "You are the salt of the earth. You are the light of the world" (vv. 13.14). He uses symbolic language not so much to give a definition of the disciple but to set out for those who wish to follow Him certain criteria for living their mission in the world.

The first image: **Salt**. Salt is the component that gives flavour and that stores and preserves food from corruption. The disciple is therefore called to keep society away from the dangers, and the corrosive elements that pollute people's lives. It is a question of resisting sin and moral degradation, and bearing witness to the values of honesty and fraternity, without giving in to the worldly enticements of careerism, power and wealth.

The disciple is "salt" who, despite the daily failures – because we all have them – rises from the dust of their own mistakes, starting again with courage and patience, every day, to seek dialogue and encounter with others. A disciple is "salt" who does not seek approval and praise, but strives to be a humble and constructive presence, in fidelity to the teachings of Jesus who came into the world not to be served, but to serve. And this attitude is greatly needed!

The second image: **Light**. "You are the light of the world." The light disperses the darkness and allows you to see. Jesus is the light that has dispelled the darkness, but it still remains in the world and in individual people. It is the task of the Christian to dispel it further by making Christ's light shine among others and by proclaiming His Gospel.

This outpouring of light can come from our words, but it must come mainly from our 'good deeds' (see 16). A disciple and a Christian community are the light of the world when they direct others to God, helping each person to experience His goodness and mercy.

A disciple of Jesus is light when he or she knows how to live their faith outside of confined spaces, helping to eliminating prejudices, eliminating slander, and in bringing the light of truth into situations tainted by hypocrisy and lies. You must be the light. But it is not my own light, it is the light of Jesus : we are instruments of Jesus and we must radiate His light to reach everyone.

Jesus invites us not to be afraid to live in the world, even if there are sometimes conditions of conflict and sin in it. In the face of violence, injustice and oppression, Christians cannot shut up within themselves in or hide in the security of their own enclosure; even the Church cannot shut up within herself, she cannot abandon her mission of evangelization and service.

Jesus, in the Last Supper, asked the Father not to remove the disciples from the world, to leave them, there, in the world, but to guard them from the spirit of the world. The Church gives generously and tenderly for the least and the poor: this is not the spirit of the world, this is her light, she is salt. The Church hears the cry of the least and the excluded, because she is aware of being a pilgrim community called to extend throughout history the saving presence of Jesus Christ.

(Pope Francis' homilies)

5 Feb: Word of God Sunday

The Church in Australia marks Word of God Sunday on the first Sunday in February, which will be 5th February this year. All Catholics and Catholic communities are being encouraged to mark the day are a special display of Sacred Scripture or the Book of the Gospels, the establishment of Bible study groups or the adoption of lectio divina, a common practice of reflection on Scripture.

8 Feb: Feast of St Josephine Bakhita

Wednesday, 8th February is the Feast of St. Josephine Bakhita. The African Catholic Community will be celebrating her feast day at a Mass on Sunday 12th February in St Francis Xavier Cathedral at 2.30pm. No registration is necessary and all are welcome to attend.

11 Feb: Feast of Our Lady of Lourdes

Each year, on World Day of the Sick a Mass is offered for those who are of ill health. The Mass will be held on Saturday, 11th February 2023 at 11:30am in St Francis Xavier's Cathedral. No registration is necessary. All are welcome to receive a blessing and anointing. For more information please contact Archdiocesan Events on (08) 8210 8220 or E: events@adelaide.catholic.org.au

12 Feb: Day of the Unborn Child Appeal

The Day of the Unborn Child Appeal will be held on 12th February in our Parish. A special collection is being taken up in support of the work undertaken by Birthline Pregnancy Support, Mothers without Medicare & Genesis Pregnancy Support Inc. The Day of the Unborn Child assists us to focus on those people in our families and communities who have experienced any sort of child-bearing loss, whether miscarriage, still-birth, the death of a baby soon after birth, or abortion. We thank you in anticipation for your generous support of those who work tirelessly with individuals and families who require these important resources and services.

Cathedral of St Francis Xavier, 39 Wakefield Street, Adelaide

Church of St Patrick, 268 Grote Street, Adelaide

Church of St John Vianney, 546 Glynburn Road, Burnside

Church of St Mary, 179 Stanley Street, North Adelaide

Our Lady of Perpetual Help, cnr of Giles and Todd Streets, Kingscote, Kangaroo Island

Church of the Holy Name, 80 Payneham Road, Stepney

Church of St Peter Claver, cnr Stuart Road & Grandview Grove, Dulwich

Church of the Queen of Angels, cnr South Road & Kintore Street, Thebarton

ADELAIDE CATHEDRAL PARISH

Archbishop of Adelaide Archbishop Patrick O'Regan DD
Administrator Fr. Anthoni Adimai SdM
Assistant Administrator Fr. Peter Rozitis
Latin Mass Chaplain Fr. Michael McCaffrey, FSSP

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am–4.30pm • 8210 8155
39 Wakefield St (corner of Wakefield and King William St)
Adelaide SA 5000.
Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org

Parish newsletter: www.adelcathparish.org/news-events/weekly-newsletters.

Aboriginal Catholic Ministry

Otherway Centre 8362 3185

Cathedral Parish Music 8210 8128

Any emergency requiring a priest• 0417 080 955

Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



Regular Mass Timings

REFER TO PARISH WEBSITE FOR DETAILED SCHEDULE
OR SCAN THE QR CODE WITH YOUR PHONE CAMERA FOR
OUR REGULAR TIMINGS

St Francis Xavier Cathedral, Adelaide

Sunday Masses Sat : 6pm(Vigil)
Sun: 7am, 9am, 11am,
2.30pm (African), 6pm

Weekday Masses Mon - Fri: 8am, 12.10pm & 5.45pm
Sat: 8am, 11.30am

Confessions Mon, Wed, Fri: 11-12 noon, 5-5.30pm
Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour Tues: 6.30pm, Fri: 11am

Public Holidays 8am Mass ONLY at the Cathedral
Except 26 January—Mass at 9am at the Cathedral

St Mary's, Lower North Adelaide

Tues and Fri: 8am
Sun: 9.30am

Our Lady Queen of Angels, Thebarton

Wed: 8.30am (Mass suspended until further notice)
Sat: Confessions: 5.45pm | Vigil: 6pm
Sun: 9.30am

St John Vianney, Burnside

Tues and Thu: Mass: 9am | Confessions: 9.30am
Sun: 9am

St Peter Claver, Dulwich

Wed: 9am, Fri: 11am Confessions: 11.30am
Sat: Confessions: 5.30pm | Vigil: 6pm
Sun: 11am

Holy Name, Stepney

Sun: 11am

St. Patrick, Grote Street, Adelaide

Sun: 10.30am (Croatian)
4.00pm (Portuguese) ONLY 1st, 3rd & 5th Sunday

Our Lady of Perpetual Help, Kangaroo Island

Sun: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP

Entrance Antiphon: O come, let us worship god and bow low before the God who made us, for he is the Lord our God.

First Reading: Isaiah 58:7-10.

Responsorial Psalm: A light rises in the darkness for the upright.

Second Reading: 1 Corinthians 2:1-5.

Gospel Acclamation: Alleluia, Alleluia. I am the light of the world says the Lord; the man who follows me will have the light of life. Alleluia!

Gospel: Matthew 5:13-16.

Universal Prayer Response: Lord, hear our prayer.

Communion Antiphon: Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

Next Week: Sixth Sunday in Ordinary Time

First Reading: Sirach 15:15-20.

Second Reading: 1 Corinthians 2:6-10.

Gospel: Matthew 5:17-37.

Liturgies & Activities (6th-12th Feb)

Mon St. Paul Miki and Companions.

Wed St. Josephine Bakhita and St. Jerome Emiliani.

Thu St. Miguel Febres Cordero of Ecuador.

Fri St. Scholastica and Blessed Aloysius Stepinac.

Sat Our Lady of Lourdes.

Sun 6th Sunday in Ordinary Time.

Prayer Requests for the Deceased

Recently Deceased: James Wickham (SFX).

Deceased Anniversaries:

Cathedral: Soud & Haifa Adam, Hilary family (Brian, Kevin & Barry), John Lawrence, Leonor & Emilio Solorzano, Vincente Bassano, Rose Lebon, Luu Van Huynh and Mathias family (Maria, Harold, Leslie and Joseph)

Queen of Angels: Anna Marafioti, Ellul family, Psalia family, Mallia family and Charlie Ciantar.

St. Mary's: Zygmunt Pavlak, Angela McDonald, Anthony Butler-Bowden and Keven John Heinrich.

Holy Name: Isalanda Bandini.

St. John Vianney/St. Peter Claver: Inara Bullitis, Lucient Parent, Alay Hey, Marc Deboraux, Clairette & Phillippe Uttenhove, Stella & Laurie Gowland, Agnele Podalsek and Evaristo Pelaez Sumagaysay,

Prayers Requests for the Sick

Fidy Ruivivar, Maryellen, Brian and Rosemary Brazier, June Cochrane, Anton Sylvester, Antonio Romeo, Msgr. Robert Egar, Angelina Musico, Charles Dias, Diana, Klevis Gjeluci, Emily Swan, Julie Nelson, Vilma D'cruz and Lydia D'souza.

9 Feb: Healing Mass at Henley Parish

Healing Mass Thursday, 9th February Rosary 7pm
Mass 7.30pm including the Sacrament of Anointing, Exposition of the Blessed Sacrament, Sacrament of Reconciliation, individual blessings with the Blessed Sacrament in the Monstrance, prayer ministry with candlelit music in the Spirit of Taize. Tea/coffee light supper available. At Our Lady of the Sacred Heart Church 420 Seaview Road Henley Beach. All welcome Enquiries Pauline 0403002240



11 Feb: Walk for Life by Love Adelaide. Let them live!

Join the Love Adelaide Team as they Walk for Life to bring an end to Abortion. The even will be held on Saturday 11th February at Pennington Garden from 10am-12pm (Opp. St. Peter's Cathedral North Adelaide).

Donation Parking of \$5 is available at the Adelaide Oval Carpark. Enter from Pennington Terrace. The Gates to the event will open at 9am. Registration is essential at loveadelaide.org.au/event-details/walkforlife Tickets for the event are free.

Don't forget to bring a drink bottle and some sunscreen. Please wear a White tshirt to the event. No megaphones and no signs as posters will be provided at the event. Please obey the marshals and Police on the walk. For further information please check out the guidelines at loveadelaide.org.au/guidelines

IMPORTANT TO NOTE:

13-17 Feb: Complete Closure of St. Peter Claver's Church

Kindly note St. Peter Claver's Church in Dulwich will be closed to the Public from 13th -17th February due to renovation work being conducted onsite. All services of St. Peter Claver's Church including Exposition, Benediction, weekday Masses and Confessions will be moved to St. John Vianney, Burnside for this period. The schedule for all services will remain the same. Any inconvenience caused is regretted. All Weekend services will resume as normal at St. Peter Claver's Church on 18th and 19th February.

16 Feb: Online Regional Assembly Information Session 2023

At the close of the 2022 Diocesan Assembly, it was announced that Regional Assemblies were to be held across the Archdiocese in 2023. The Archdiocesan Pastoral Services Team is providing support for the planning and implementation of the Regional Assemblies. Representatives from parishes, schools and communities are invited to join the online information session for details regarding the purpose, planning and support of the Regional Assemblies. For more information on the event please visit: www.adelaidediocesanassembly.org/regional-assemblies or contact pastoralservices@adelaide.catholic.org.au

The information session will be held on Thursday, 16th February 2023, 7pm via Zoom. Link available upon registration: <https://www.trybooking.com/CFMHL>

22 Feb: Adelaide Cathedral Parish School Aged Sacramental Preparation Program

The Adelaide Cathedral parish will be conducting a preparation program in 2023 for the Sacraments of Initiation, including Baptism, First Reconciliation, First Holy Communion, and Confirmation. Candidates should be at least 8 years old in 2023. The program will start with an introductory evening on Wednesday 22 February 2022. Parents who would like their child enrolled in this program or need further information should contact the Parish Office on acp@adelaide.catholic.org.au or 82108155. If your child requires the sacrament of baptism, you will need to arrange an appointment to meet Fr. Anthoni Adimai, our parish administrator, before they can be enrolled in any other preparation program.

26 Feb: Retreat Walk – Semaphore

Sunday, 26th February, 9.30am - 4pm – Organised by Jesuit and Ignatian Spirituality Australia, this contemplative walk is along the beaches of Semaphore, Adelaide. This is a (mostly) silent walk beginning with prayer and ending with shared reflection. The 7km walk is graded as 'easy' and is suitable for most ages and fitness levels. Cost is \$25, meet at the carpark near the Semaphore Surf Life Saving Club, Point Malcolm Reserve, 343 Military Road, Semaphore Park. **Enquiries:** 1300 392 636 or info@jisa.org.au Please register at: <https://jisa.org.au/retreat/retreat-walk-adelaide-south-australia/>

28 Feb: The Spirit of the Liturgy

Get a new understanding of what our Catholic liturgy is all about as you explore it over five weeks with Dr. Jenny O'Brien (Office for Worship). 7-9pm, Thursdays, 2nd-30th March, Cathedral Hall, Wakefield St. Cost: \$50. To enrol, contact the Office for Worship on P: 8210 8130 or worship@adelaide.catholic.org.au by Tuesday 28th February.

Lenten program

You are invited to a different Lent experience. Based on a contemporary understanding of the Easter story, this program explores the place of the Gospel narratives in the development of faith and a mature spirituality. As an experience of Catholics travelling together on the Way of Jesus, it will deepen your relationship with him and broaden your spiritual vision. Each session will include prayer, reading, reflection, sharing and discussion. Presenter: Kevin Liston. For further information and to register: E: Kevin.liston1@gmail.com or P: 0411197829

February Edition : The Southern Cross

The February issue of *The Southern Cross*, which includes a Back to School/student achievements feature and Pope Benedict tribute will be available for \$2 in churches of our Parish. Please take home a copy from the church foyer this weekend.

Safeguarding Children

A reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.

Latin Mass Community

1st HC communion classes begin today Sun 5th Feb at 11am. The classes are held in the small room off the meeting room. There will also be a short meeting for the parents of the 1st communicants at the same time in the Atrium (the building on the right of the playground).

There will also be a meeting at 11.30am today for anyone interested in becoming Catholic. The meeting will be held in The Atrium (the building on the right of the playground).

Servers' Practice resumes this Mon from 5.30-6.30pm.

Scripture Class begins this Mon at 7.30pm. This year we will be reading the Gospel according to St. Matthew. All Welcome.

Beginners Latin start this Tues from 6.30pm to 7.45 pm in the Meeting Room. Absolute beginners welcome. Please bring a note pad and pen. Enquiries to rodcrd@gmail.com

Introductory Theology Classes resume this Thursday evening from 7.30-8.30pm. All welcome.

Catechism Classes for children (ages 8-17) will now occur every Friday in term time 5.30-6.15pm, commencing this Fri 10th Feb. Youth Group will also commence this Fri, and will continue to run on the 2nd and 4th Fridays (this year, however, in 3 streams). Please see the registration forms by the doors of the Church for more info.

Love Adelaide's *Walk for Life 2023* will take place this Sat 11th Feb. Details can be found on the LoveAdelaide website, and there are flyers available at the doors of the church. Please take one and pass it on.

The next workshops on the writings of Jordan Peterson will be on Wed 15th Feb in the hall at Holy Name at 7.30pm. All welcome.

There will be a *Gala for Life* dinner at 6pm on Tuesday 21st Feb. at the Strathmore Hotel, North Terrace to fundraise for Pregnancy Help Australia. Please visit galaforlife.com.au to purchase tickets.

The 2023 Latin Mass Community year calendar is now available from the doors of the church on blue paper. Please take a copy home for your fridge door.

There will be a special collection next Sunday to support the work of pro-life agencies South Australia and beyond. Thank you for your generosity.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr. McCaffrey or Fr. Sofatzis after Mass. There is a cuppa after the 9.15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome.

Also please feel free to register as a parishioner on our community census. The link is available on the website.

Latin Mass Community

Please do not place any advertising material in the church without the prior permission of the chaplain. Thank you.

Please remember the sick in your prayers, especially Damian Wyld, Bill Mamo (Tina Marsh's brother), Kathryn Nader, Tony Caruso, Vincenza Martucci (Ines Barson's mother).

Please also remember the recently deceased, especially Pat Vice, Pope Emeritus Benedict XVI and Cardinal Pell, and also those whose anniversaries occur about this time, especially Archbishop Philip Wilson.

REMINDER NOTICE:

17 Feb: Adelaide Cathedral Parish Volunteer Thanksgiving Nite

The Administrator of the Adelaide Catholic Cathedral Parish cordially invite **current volunteers** of all churches in the Parish to a Thanksgiving Mass and Dinner on 17th February 2023. The Cathedral Parish wouldn't be the parish it is without its volunteers. For the past two years, we've not been able to celebrate our volunteers who've worked doubly hard during and through the pandemic and its ever-changing nature.

This year, we are delighted to be able to host a Thanksgiving Nite for the Cathedral Parish Volunteers. The Celebration will begin with the 5.45pm Mass at the St. Francis Xavier Cathedral followed by evening tea in the Cathedral Parish Hall.

If you volunteer with the parish as a CLC member, Mass Coordinator, Reader, Eucharistic Minister, Choir Member, Musician, Sacristan, Altar server or any other role, then we would love to see you there.

Kindly register your confirmation of attendance with ONLY through your respective representatives:

Choir members of all churches: Astrid Sengkey or Timothy Davey.

Cathedral Altar Servers: Mavis Pinto/ Michelle Tie

St. Francis Xavier's Cathedral: Sacristans or call the Parish Office.

St. Mary's: Len Nowak.

Queen of Angels: Bernard Dowd/ Maria Iadanza.

Holy Name: Maria Iadanza/ Fr. Michael McCaffrey (Latin Mass Community).

St. Peter Claver: Deacon Remo Patroni/ Jane Moran.

St. John Vianney: Jean Lucas

Please RSVP by 5th Feb at latest with your respective representatives. We would like to thank you again for your dedication and service to the Parish and wish each you and your families a Holy and Blessed year ahead.

Adelaide Cathedral Young Adults Group

The Adelaide Cathedral Young Adults Group invite the Youth of our Parish to join them each week in their Ministry of fellowship. If you are interested to know more about the group and their activities, please contact Samantha David on 0404887964.