



Message of the Holy Father Pope Francis for Lent 2023

The disciples' experience on Mount Tabor was further enriched when, alongside the transfigured Jesus, Moses and Elijah appeared, signifying respectively the Law and the Prophets (cf. Mt 17:3). The newness of Christ is at the same time the fulfilment of the ancient covenant and promises; it is inseparable from God's history with his people and discloses its deeper meaning. In a similar way, the synodal journey is rooted in the Church's tradition and at the same time open to newness. Tradition is a source of inspiration for seeking new paths and for avoiding the opposed temptations of immobility and improvised experimentation.

The Lenten journey of penance and the journey of the Synod alike have as their goal a transfiguration, both personal and ecclesial. A transformation that, in both cases, has its model in the Transfiguration of Jesus and is achieved by the grace of his paschal mystery. So that this transfiguration may become a reality in us this year, I would like to propose two "paths" to follow in order to ascend the mountain together with Jesus and, with him, to attain the goal.

The first path has to do with the command that God the Father addresses to the disciples on Mount Tabor as they contemplate Jesus transfigured. The voice from the cloud says: "Listen to him" (Mt 17:5). The first proposal, then, is very clear: we need to listen to Jesus. Lent is a time of grace to the extent that we listen to him as he speaks to us. And how does he speak to us? First, in the word of God, which the Church offers us in the liturgy. May that word not fall on deaf ears; if we cannot always attend Mass, let us study its daily biblical readings, even with the help of the internet. In addition to the Scriptures, the Lord speaks to us through our brothers and sisters, especially in the faces and the stories of those who are in need. Let me say something else, which is quite important for the synodal process: listening to Christ often takes place in listening to our brothers and sisters in the Church. Such mutual listening in some phases is the primary goal, but it remains always indispensable in the method and style of a synodal Church.

On hearing the Father's voice, the disciples "fell prostrate and were very much afraid. But Jesus came and touched them, saying, 'Rise, and do not be afraid.' And when the disciples raised their eyes, they saw no one else but Jesus alone" (Mt 17:6-8). Here is the second proposal for this Lent: do not take refuge in a religiosity made up of extraordinary events and dramatic experiences, out of fear of facing reality and its daily struggles, its hardships and contradictions.

The light that Jesus shows the disciples is an anticipation of Easter glory, and that must be the goal of our own journey, as we follow "him alone". Lent leads to Easter: the "retreat" is not an end in itself, but a means of preparing us to experience the Lord's passion and cross with faith, hope and love, and thus to arrive at the resurrection. Also on the synodal journey, when God gives us the grace of certain powerful experiences of communion, we should not imagine that we have arrived – for there too, the Lord repeats to us: "Rise, and do not be afraid". Let us go down, then, to the plain, and may the grace we have experienced strengthen us to be "artisans of synodality" in the ordinary life of our communities.

(to be continued)

5 Mar: Escolania de Montserrat

The extraordinary boys' choir from Escolania de Montserrat perform in Australia for the first time at the 2023 Adelaide Festival. This Sunday, 5 March they will be singing at the Cathedral at the 11am Mass.

Founded in Spain in the 13th century, the choir has received global acclaim and topped BBC Music Magazine's list of the 10 best choirs in the world. The choir will share ancient works from the Santa Maria de Montserrat Abbey's famed "Red Book" alongside Catalan folk arrangements.

Stations of the Cross

During Lent, Stations of the Cross will be held every Friday from 4 Feb at 10.30am in the **St Francis Xavier Cathedral** followed by Adoration and Benediction at 11am.

And at **St. John Vianney Church, Burnside** every Thursday immediately after the 9.00am Mass.

All welcome.

Lenten program

You are invited to a different Lent experience. Based on a contemporary understanding of the Easter story, this program explores the place of the Gospel narratives in the development of faith and a mature spirituality. As an experience of Catholics travelling together on the Way of Jesus, it will deepen your relationship with him and broaden your spiritual vision. Each session will include prayer, reading, reflection, sharing and discussion. For further information and to register, email Kevin Liston. on Kevin.liston1@gmail.com or call 0411 197 829

ADELAIDE CATHEDRAL PARISH

Archbishop of Adelaide Archbishop Patrick O'Regan DD
Administrator Fr. Anthoni Adimai SdM
Assistant Administrator Fr. Peter Rozitis
Latin Mass Chaplain Fr. Michael McCaffrey, FSSP

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am–4.30pm • 8210 8155
39 Wakefield St (corner of Wakefield and King William St)
Adelaide SA 5000.

Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org

Parish newsletter: www.adelcathparish.org/news-events/weekly-newsletters.

Aboriginal Catholic Ministry

Otherway Centre 8362 3185

Cathedral Parish Music 8210 8128

Any emergency requiring a priest• 0417 080 955

Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



Regular Mass Timings

REFER TO PARISH WEBSITE FOR DETAILED SCHEDULE
OR SCAN THE QR CODE WITH YOUR PHONE CAMERA FOR
OUR REGULAR TIMINGS

St Francis Xavier Cathedral, Adelaide

Sunday Masses Sat : 6pm(Vigil)
Sun: 7am, 9am, 11am,
2.30pm (African), 6pm

Weekday Masses Mon - Fri: 8am, 12.10pm & 5.45pm
Sat: 8am, 11.30am

Confessions Mon, Wed, Fri: 11-12 noon, 5-5.30pm
Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour Tues: 6.30pm, Fri: 11am

Public Holidays 8am Mass ONLY at the Cathedral
Except 26 January—Mass at 9am ONLY at the Cathedral

St Mary's, Lower North Adelaide

Tues and Fri: 8am
Sun: 9.30am

Our Lady Queen of Angels, Thebarton

Wed: 8.30am (Mass suspended until further notice)
Sat: Confessions: 5.45pm | Vigil: 6pm
Sun: 9.30am

St John Vianney, Burnside

Tues and Thu: Mass: 9am | Confessions: 9.30am
Sun: 9am

St Peter Claver, Dulwich

Wed: 9am, Fri: 11am Confessions: 11.30am
Sat: Confessions: 5.30pm | Vigil: 6pm
Sun: 11am

Holy Name, Stepney

Sun: 11am

St. Patrick, Grote Street, Adelaide

Sun: 10.30am (Croatian)
4.00pm (Portuguese) ONLY 1st, 3rd & 5th Sunday

Our Lady of Perpetual Help, Kangaroo Island

Sun: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP

Entrance Antiphon: Of you my heart has spoken: Seek his face. It is your face, O Lord that I see; hide not your face from me.

First Reading: Genesis 12: 1-4

Responsorial Psalm: Lord, let your mercy be on us, as we place our trust in you.

Second Reading: 2 Timothy 1:8-10

Gospel Acclamation: Glory and praise to you, Lord Jesus Christ! From the shining cloud the Father's voice is heard: this is my beloved Son, hear him. Glory and praise to you, Lord Jesus Christ!

Gospel: Matthew 17:5

Universal Prayer Response: Lord, have mercy.

Communion Antiphon: This is my beloved Son, with whom I am well pleased; listen to him.

.....

Next Week: Third Sunday of Lent.

First Reading: Exodus 17:3-7

Second Reading: Romans 5:1-2, 5-8

Gospel: John 4:5-42

.....

Liturgies & Activities (6th Mar - 12th Mar)

Mon

Wed

Fri Stations of the Cross at 10.30am

Sat

Sun Third Sunday of Lent.

.....

Prayer Requests for the Deceased

Recently Deceased: Albert Chow and June Sanderson.

Deceased Anniversaries:

Cathedral: Yvonne Helene Minogue, Kathleen McEvoy, Jovito Cotejar, Roma Mitchell, Sarah Aedo, Margaret Genovesi, June Seward, Jinadri Sewickrama, Hildegard Myszka, Cheng Kha Tiang, Queena Alinskie, Budjang Maliki and Rosmina Delisio.

Queen of Angels: Anna Marafioti, Ielasi family and Saverio & Anna Sergi, Pasquale & Rosario Portolesi.

St. Mary's: Liam Murphy, Gus Walker, Etelka Szabados and Jennifer Fitzpatrick.

Holy Name: Vincenzo and Lina Frasco, Albino DiMarco.

St. John Vianney/St. Peter Claver: Jittu family, Davies family, Moira & Harry Braidwood, Iris Carrad, Nancy Kelly, Joyce Hopkins & family, Nell & Doug Dollman, Gavin McIver, Huang family, Pauline & Ron White, and Anne Cousins.

Prayers Requests for the Sick

Maria Therese Cummins, Fidy Ruivivar, Maryellen, Brian & Rosemary Brazier, June Cochrane, Anton Sylvester, Antonio Romeo, Msgr. Robert Egar, Angelina Musico, Charles Dias, Diana, Klevis Gjeluçi, Emily Swan, Julie Nelson, David Clayton, Mary Walsh, Vilma D'cruz, Joseph Coleiro and Lydia D'souza.

Farewell to Noreen O'Connell

Our long term parishioner, Noreen O'Connell is moving from her residence in Burnside to Pinchunga Aged Care Facility in Penola where she will be close to family.

Noreen and her late husband Terry have for many years been strong supporters of our St John Vianney Church community. Please keep Noreen in prayers.

Fr Charles is running for Charity

Father Charles Lukati, Parish Priest of Croydon Park, has joined with Caritas Australia in raising funds to help communities impacted by the recent earthquake in Turkey and Syria. Please support him as he runs the half marathon in Clare Valley on Sunday 2 April 2023. To join the cheer squad or participate in the run, please contact Tracey Tessitore on M: 0439 810 250. Donations can be made via the QR Code link



With your support, Caritas Australia has been able to support communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction. Project Compassion 2023 reminds us that the good that we do today will extend and impact the lives of generations to come.

As St Pope John Paul II said, **“The future starts today, not tomorrow.”**

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.

8 Mar: IWD in recognition of Mary MacKillop

The Josephite Companions will be hosting an International Women's Day evening in recognition of Mary MacKillop whose life reflected inclusion and integrity and brought hope to others.

Leith Mynott, First Nations woman, and Kenise Neill, Sister of St Joseph, will facilitate a conversation on the Uluru Statement of the Heart and the Voice to Parliament Referendum, highlighting actions and outcomes desperately needed for First Nations Peoples. For more details, check the poster on the notice board of the church.

Venue: Mary MacKillop Precinct, 4 High St Kensington
Time: 7pm—8.30pm

No cost. Supper included.

Enquiries/Registration: SA.Companions@sosj.org.au or call 0417 871 904.

8 Mar: Fringe Festival Organ Recitals at the Cathedral

The Archdiocese of Adelaide with the Adelaide Fringe invite you to attend — *Lunchtime Organ Recitals* at the St Francis Xavier Cathedral. The half-hour recitals begin at 1pm. We welcome Gina Dutschke for the March 8 recital, the second in this series. Entry is free. No prior registration is necessary. Please phone the Cathedral Parish for further information P: 8210 8155.

9 Mar: 40 Days of Renewal at St Ignatius, Norwood

Lent 40 Days of Renewal – Lenten Reflection Talks at Norwood

Thursday March 9, 7pm – Fr Frank Brennan SJ: Finding Hope In The Voice Debate

Thursday March 16, 7pm - Ms Leanne Haddad: Centa-care: Vehicle of Hope

All talks will be held in the Church Hall at St Ignatius Parish, 137 William Street Norwood. All enquiries should be directed to their Parish Office on P: 8332 0600. No RSVP required. Donations at the door appreciated.

10-12 Mar: 3-day Walking in Victory Retreat at St Peter Claver

Charis SA is organising a 3-day Walking in Victory Retreat with international speaker Colin Calmiano. Take this opportunity to be renewed this Lenten Season. All welcome.

Check the posters in all our churches for more details.

10th March: 7.00pm to 9.00pm (adoration included)

11th March: 10.00am to 4.00p.m (Mass included)

12th March: 11.00am to 4.00pm (Mass included)

All services will be held at St. Peter Claver Church, 8 Stuart Road, Dulwich.

Spiritual Healing Retreat monthly every 4th Thursday

Charis SA also conducts Spiritual Healing Retreats every 4th Thursday of the month from 7pm-9pm at St. Peter Claver Church, Dulwich.

Please contact: 0407 060 715 for further information or registration for the above Retreats. All are welcome to join in.

18 Mar: Lenten Retreat at Henley Beach

Lenten Retreat Saturday 18th March 11am- 3.30pm. The topic is “Come Back to Me”. The speaker will be Fr Manu Kumbidiyamackal MSFS. The day includes talks, reflection, Exposition of the Blessed Sacrament, Reconciliation, Mass and Sacrament of Anointing. Please bring your own food. Tea/coffee will be provided. Venue: Our Lady of the Sacred Heart Church 420 Seaview Road Henley Beach.

All welcome

Enquiries and bookings Pauline 0403 002 240 by 15 March. Cost by donation.

Latin Mass Community Announcements

1st Holy Communion and Confirmation classes continue today at 11am.

Stations of the Cross will be prayed at 6pm every Friday of Lent.

The Youth group meets this Friday evening.

Project Compassion giving boxes/envelopes are available at the doors of the church.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr McCaffrey or Fr Sofatzis after mass.

There is a cuppa after the 9.15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the website.

Please do not place any advertising material in the church without the prior permission of the chaplain. Thank you.

Please remember the sick in your prayers, especially Damian Wyld, Kathryn Nader, Tony Caruso, Vincenza Martucci (Ines Barson's mother). Please also remember the recently deceased especially Bill Mamo (Tina Marsh's brother) and those whose anniversaries occur about this time.

Palms Australia: Change their lives... and yours

Communities in Africa, Asia or the Pacific are seeking Australians from a variety of professions and trades to share their skills with those who have less opportunity to develop their talents.

Explore 35 positions on our website you can also see news including stories from those currently supported in Timor-Leste, Samoa, American Samoa and Thailand.

Please enquire further about potential assignments for you or someone you know on www.palms.org.au or call P: 02 9560 533 or 0422 472 567.

Romanian Nuns seeking new heating system



Aid to the Church in Need is asking for support to provide sisters in Romania with a new heating system. The Sisters of the Mother of God are the oldest congregation of sisters in the Romanian Greek Catholic Church. Today the sisters continue to

aid their local community with youth groups, spiritual support and counselling. But they are facing a major problem. Their ancient heating system has finally broken down and needs to be replaced, but they cannot afford the cost. The sisters need your help! To make an offering and learn more visit www.aidtochurch.org/monthlyproject or scan the QR code above.

EMERGENCY EVACUATION NOTICE: Churches in Adelaide Cathedral Parish

In the unlikely event of an emergency, please follow directions of the Priest who shall act as the Chief Warden and take control of the emergency response.

When directed to evacuate the church:

- Move quickly and orderly to the nearest safe exit. Do not run!
- If required, provide assistance to disabled persons and the elderly.
- Alert the Priest / Warden if someone is unable or unwilling to evacuate.
- Proceed to the designated assembly area and await further instructions from the Priest or emergency services.
- Do not re-enter any buildings until advised by the Priest or emergency services.

ASSEMBLY POINTS IN EMERGENCY EVACUATION	
St Francis Xavier Cathedral	Mary MacKillop Plaza
Queen of Angels Church, Thebarton	Grass area
St Mary's Church, North Adelaide	Car Park
St John Vianney, Burnside	Car Park
St Peter Claver, Dulwich	Car Park
Holy Name Church, Stepney	Car Park

Safeguarding Children

A reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.

Adelaide Cathedral Children's Choir

The Children's Choir is a growing group of primary school-aged students who regularly sing on the third Sunday of each month at the 9am Sunday Mass at the Cathedral. We are always welcoming new members from 5-12 years of age. Please email the Cathedral Music Team at music@adelaide.catholic.org.au for more information. The next Mass the children will sing at is on 19 March at 9am.

March edition: The Southern Cross

The March edition of *The Southern Cross* will be available for sale in parishes this weekend. This month's issue includes coverage of the visit of Sr Nathalie Becquart, one of the most influential women working in the Vatican; a feature on youth groups in the Archdiocese and profiles on Fr Denis Travers CP and two new Catholic school principals. Please pick up your copy for \$2 from the church foyer.