



Message of the Holy Father Pope Francis for Lent 2023

The Gospels of Matthew, Mark and Luke all recount the episode of the Transfiguration of Jesus. There we see the Lord's response to the failure of his disciples to understand him. Shortly before, there had been a real clash between the Master and Simon Peter, who, after professing his faith in Jesus as the Christ, the Son of God, rejected his prediction of the passion and the cross. Jesus had firmly rebuked him: "Get behind me, Satan! You are a scandal to me, because you do not think according to God, but according to men" (Mt 16:23). Following this, "six days later, Jesus took with him Peter, James and John his brother and led them away to a high mountain" (Mt 17:1).

The Gospel of the Transfiguration is proclaimed every year on the Second Sunday of Lent. During this liturgical season, the Lord takes us with him to a place apart. While our ordinary commitments compel us to remain in our usual places and our often repetitive and sometimes boring routines, during Lent we are invited to ascend "a high mountain" in the company of Jesus and to live a particular experience of spiritual discipline – *ascesis* – as God's holy people.

Lenten penance is a commitment, sustained by grace, to overcoming our lack of faith and our resistance to following Jesus on the way of the cross. This is precisely what Peter and the other disciples needed to do. To deepen our knowledge of the Master, to fully understand and embrace the mystery of his salvation, accomplished in total self-giving inspired by love, we must allow ourselves to be taken aside by him and to detach ourselves from mediocrity and vanity.

We need to set out on the journey, an uphill path that, like a mountain trek, requires effort, sacrifice and concentration. These requisites are also important for the synodal journey to which, as a Church, we are committed to making. We can benefit greatly from reflecting on the relationship between Lenten penance and the synodal experience. In his "retreat" on Mount Tabor, Jesus takes with him three disciples, chosen to be witnesses of a unique event. He wants that experience of grace to be shared, not solitary, just as our whole life of faith is an experience that is shared. For it is in togetherness that we follow Jesus.

Together too, as a pilgrim Church in time, we experience the liturgical year and Lent within it, walking alongside those whom the Lord has placed among us as fellow travellers. Like the ascent of Jesus and the disciples to Mount Tabor,

we can say that our Lenten journey is "synodal", since we make it together along the same path, as disciples of the one Master.

For we know that Jesus is himself the Way, and therefore, both in the liturgical journey and in the journey of the Synod, the Church does nothing other than enter ever more deeply and fully into the mystery of Christ the Saviour.

(to be continued)

Stations of the Cross

During Lent, Stations of the Cross will be held every Friday from 4 Feb at 10.30am in the **St Francis Xavier Cathedral** followed by Adoration and Benediction at 11am.

And at **St. John Vianney Church, Burnside** every Thursday immediately after the 9.00am Mass.

All welcome.

Lenten program

You are invited to a different Lent experience. Based on a contemporary understanding of the Easter story, this program explores the place of the Gospel narratives in the development of faith and a mature spirituality. As an experience of Catholics travelling together on the Way of Jesus, it will deepen your relationship with him and broaden your spiritual vision. Each session will include prayer, reading, reflection, sharing and discussion. For further information and to register, email Kevin Liston. on Kevin.liston1@gmail.com or P: 0411197829

26 Feb: Introductory Session 2023 Adelaide Cathedral Young Adults Group (18-35 years only)

The Adelaide Cathedral Parish Young Adults Group invite the Youth of our Parish to join them each week in their Ministry of fellowship. The introductory session for 2023 will be held in the Cathedral Hall at 7,15pm after the Sunday 6pm Mass. Fr. Mathew Newman will host the session and all youth of our Parish are welcome to join.

The session and youth group is open ONLY to the Youth of our Parish between the ages 18-35 years. Please ensure you are within the above mentioned age group to attend. They regularly meet on Sunday evenings. If you are interested to know more about the group and their activities, please contact Samantha David on 0404887964 or one of the Youth Group members after the Sunday 6pm Mass.

ADELAIDE CATHEDRAL PARISH

Archbishop of Adelaide Archbishop Patrick O'Regan DD
Administrator Fr. Anthoni Adimai SdM
Assistant Administrator Fr. Peter Rozitis
Latin Mass Chaplain Fr. Michael McCaffrey, FSSP

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am–4.30pm • 8210 8155
39 Wakefield St (corner of Wakefield and King William St)
Adelaide SA 5000.

Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org

Parish newsletter: www.adelcathparish.org/news-events/weekly-newsletters.

Aboriginal Catholic Ministry

Otherway Centre 8362 3185

Cathedral Parish Music 8210 8128

Any emergency requiring a priest• 0417 080 955

Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



Regular Mass Timings

REFER TO PARISH WEBSITE FOR DETAILED SCHEDULE
OR SCAN THE QR CODE WITH YOUR PHONE CAMERA FOR
OUR REGULAR TIMINGS

St Francis Xavier Cathedral, Adelaide

Sunday Masses Sat : 6pm(Vigil)
Sun: 7am, 9am, 11am,
2.30pm (African), 6pm

Weekday Masses Mon - Fri: 8am, 12.10pm & 5.45pm
Sat: 8am, 11.30am

Confessions Mon, Wed, Fri: 11-12 noon, 5-5.30pm
Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour Tues: 6.30pm, Fri: 11am

Public Holidays 8am Mass ONLY at the Cathedral
Except 26 January—Mass at 9am ONLY at the Cathedral

St Mary's, Lower North Adelaide

Tues and Fri: 8am
Sun: 9.30am

Our Lady Queen of Angels, Thebarton

Wed: 8.30am (Mass suspended until further notice)
Sat: Confessions: 5.45pm | Vigil: 6pm
Sun: 9.30am

St John Vianney, Burnside

Tues and Thu: Mass: 9am | Confessions: 9.30am
Sun: 9am

St Peter Claver, Dulwich

Wed: 9am, Fri: 11am Confessions: 11.30am
Sat: Confessions: 5.30pm | Vigil: 6pm
Sun: 11am

Holy Name, Stepney

Sun: 11am

St. Patrick, Grote Street, Adelaide

Sun: 10.30am (Croatian)
4.00pm (Portuguese) ONLY 1st, 3rd & 5th Sunday

Our Lady of Perpetual Help, Kangaroo Island

Sun: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP

Entrance Antiphon: When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

First Reading: Genesis 2:7-9; 3:1-7

Responsorial Psalm: Be merciful, O Lord, for we have sinned.

Second Reading: Romans 5:12-19

Gospel Acclamation: Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

Gospel: Matthew 4:1-11

Universal Prayer Response: Lord, have mercy.

Communion Antiphon: One does not live by bread alone, but by every word that comes forth from the mouth of God.

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Next Week: Second Sunday of Lent.

First Reading: Genesis 12: 1-4

Second Reading: 2 Timothy 1:8-10

Gospel: Matthew 17:5

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Liturgies & Activities (27th Feb-5th Mar)

Mon St. Gregory of Narek.

Wed St. David.

Fri Autumn Ember Day. Stations of the Cross at 10.30am.

Sat St. Casimir.

Sun **Second Sunday of Lent.**

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Prayer Requests for the Deceased

Recently Deceased: Albert Chow and June Anderson.

Deceased Anniversaries:

Cathedral: Sarah Aedo, Margaret Genovesi, June Seward, Jinadri Sewickrama, Hildegard Myszka, Cheng Kha Tiang, Queena Alinskie, Budjang Maliki and Rosmina Delisio.

Queen of Angels: Anna Marafioti, Ielasi family and Saverio & Anna Sergi.

St. Mary's: Liam Murphy, Gus Walker, Etelka Szabados and Jennifer Fitzpatrick.

Holy Name: Albino DiMarco.

St. John Vianney/St. Peter Claver: Jittu family, Davies family, Moira & Harry Braidwood, Iris Carrad, Nancy Kelly, Joyce Hopkins & family, Nell & Doug Dollman, Gavin McIver, Huang family, Pauline & Ron White, and Anne Cousins.

Prayers Requests for the Sick

Fidy Ruivivar, Maryellen, Brian and Rosemary Brazier, June Cochrane, Anton Sylvester, Antonio Romeo, Msgr. Robert Egar, Angelina Musico, Charles Dias, Diana, Klevis Gjeluci, Emily Swan, Julie Nelson, David Clayton, Mary Walsh, Vilma D'cruz, Joseph Coleiro and Lydia D'souza.

25/26 Feb: Project Compassion 2023

Please take home a Project Compassion box or set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world,



now and **For All Future**

Generations.

With your support, Caritas Australia has been able to support communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction. Project Compassion 2023 reminds us that the good that we do today will extend and impact the lives of generations to come.

As St Pope John Paul II said, **“The future starts today, not tomorrow.”**

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.

26 Feb: Retreat Walk – Semaphore

This contemplative walk along the beaches of Semaphore, Adelaide, is organised by Jesuit and Ignatian Spirituality Australia. It will begin at 9.30 am and conclude by 4 pm. This is a (mostly) silent walk beginning with prayer and ending with shared reflection. The 7km walk is graded as ‘easy’ and is suitable for most ages and fitness levels. Cost is \$25, meet at the carpark near the Semaphore Surf Life Saving Club, Point Malcolm Reserve, 343 Military Road, Semaphore Park.

Enquiries: 1300 392 636 or info@jisa.org.au. Please register at: <https://jisa.org.au/retreat/retreat-walk-adelaide-south-australia/>

28 Feb: The Spirit of the Liturgy and 1 Jun: The Eucharist

Get a new understanding of what our **Catholic liturgy** is all about as you explore it over five weeks with Dr. Jenny O'Brien (Office for Worship). The sessions will run on Thursdays beginning 2nd to 30th March from 7-9pm, in the Adelaide Cathedral Hall, Wakefield St.

1 Jun: The Eucharist – commencing Thursday 1st to 29th June (5 weeks) 7.00pm – 9.00pm, at the Adelaide Cathedral Parish Hall., Wakefield St.

Learn about the history and development of the Mass – Why we do what we do each Sunday. Find out about Eucharistic devotions outside of Mass and Adoration of the Blessed Sacrament. Develop practical skills in preparing for Sunday Mass.

Cost: \$50. To enrol, contact the Office for Worship on P: 8210 8130 or worship@adelaide.catholic.org.au by Tuesday 28 February.

28 Feb: Consultation on Sports & Ministry

The Bishops Commission for Evangelisation, Laity and Ministry (BCELM) invites Catholics to register for an online, national sports consultation, scheduled for Tuesday, 28 February, from 6.30 pm to 8.30 pm CST. The consultation will include presentations from Dr Pérez de Camino, head of the Church and Sport Office in the Vatican's Dicastery for Laity, Family and Life as well Australian researchers and practitioners specialising in sports ministry. Participants will engage in group discussion on ways the Church can become a protagonist in the experience and culture of sport in Australia. To view the program and register visit www.nce.catholic.org.au/sport.

1, 8 & 15 Mar: Fringe Festival Organ Recitals at the Cathedral

The Archdiocese of Adelaide with the Adelaide Fringe invite you to attend — *Lunchtime Organ Recitals* at the St Francis Xavier Cathedral. The half-hour recitals begin at 1pm. We welcome Val Estrella for the first recital in this series. Entry is free. All are welcome. Please phone the Cathedral Parish for further information P: 8210 8155.

8 Mar: International Women's Day 2023 Uluru Statement of the Heart & Voice to Parliament Referendum

Leith Mynott, First Nations woman, and Kenise Neill, Sister of St Joseph, will facilitate a conversation on the Uluru Statement of the Heart and the Voice to Parliament Referendum, highlighting actions and outcomes desperately needed for First Nations Peoples. Hosted by the SA Josephite Companions we will gather in recognition of Mary MacKillop, a great Australian woman whose life reflected inclusion and integrity and brought hope to others. The event will be held on 8 March 2023 at Mary MacKillop Precinct 4 High St Kensington at 7pm. Enquiries and registration: E: SA.Companions@sosj.org.au or M: 0417 871 904.

10-12 Mar: 3-day Walking in Victory Retreat with International Speaker Colin Calmiano

Charis SA is organizing a 3-day Walking in Victory Retreat with International Speaker Colin Calmiano. Take this opportunity to be renewed this Lenten Season. All welcome. Check the posters in all our churches for more details.

10th March: 7.00pm to 9.00pm (adoration included)

11th March: 10.00am to 4.00pm (Mass included)

12th March: 11.00am to 4.00pm (Mass included)

All services will be held at St. Peter Claver Church, 8 Stuart Road, Dulwich.

Spiritual Healing Retreat monthly every 4th Thursday

Charis SA also conducts Spiritual Healing Retreats every 4th Thursday of the month from 7pm-9pm at St. Peter Claver Church, Dulwich.

Please contact: 0407060715 for further information or registration for the above Retreats. All are welcome to join in.

Latin Mass Community

1st Holy Communion classes continue today at 11am.

Station of the Cross will be prayed at 6pm every Friday of Lent.

During Lent there will be Mass at 7am every weekday, as well as at the usual times.

40 Hours Adoration will take place next weekend, from 7.30pm Fri 3 March to 7.30am Sun 5 March. We will begin with Sung Mass at 6.30pm on Friday, followed by a Eucharistic Procession, 1st Friday devotions and Compline. The Blessed Sacrament will remain exposed for Adoration until 7.30am on Sunday.

Sign-up sheets are available at the doors of the church and on-line. Please sign up and spend some time with our Lord in prayer for our needs, the needs of the Church and the needs of the world.

Project Compassion giving boxes/envelopes are available at the doors of the church.

If you have either a blue (church) or brown (meeting room) key, can you please let Fr. McCaffrey know. Thank you.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr. McCaffrey or Fr. Sofatzis after Mass. There is a cuppa after the 9.15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the website.

Please do not place any advertising material in the church without the prior permission of the chaplain. Thank you.

Please remember the sick in your prayers, especially Damian Wyld, Kathryn Nader, Tony Caruso, Vincenza Martucci (Ines Barson's mother).

Please also remember the recently deceased especially Bill Mamo (Tina Marsh's brother) and those whose anniversaries occur about this time.

Safeguarding Children

A reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.

Adelaide Cathedral Children's Choir

The Children's Choir is a growing group of primary school-aged students who usually sing on the third Sunday of each month at the 9am Sunday Mass at the Cathedral. We are always welcoming new members from 5-12 years of age. Please email the Cathedral Music Team at music@adelaide.catholic.org.au for more information.

EMERGENCY EVACUATION NOTICE:

Churches in Adelaide Cathedral Parish

In the unlikely event of an emergency, please follow directions of the Priest who shall act as the Chief Warden and take control of the emergency response.

When directed to evacuate the church:

- Move quickly and orderly to the nearest safe exit, do not run
- If required, provide assistance to disabled persons and the elderly
- Alert the Priest / Warden if someone is unable or unwilling to evacuate
- Proceed to the designated assembly area and await further instructions from the Priest or emergency services
- Do not re-enter any buildings until advised by the Priest or emergency services

ASSEMBLY POINTS IN EMERGENCY EVACUATION	
St Francis Xavier Cathedral	Mary MacKillop Plaza
Queen of Angels Church, Thebarton	Grass area
St Mary's Church, North Adelaide	Car Park
St John Vianney, Burnside	Car Park
St Peter Claver, Dulwich	Car Park
Holy Name Church, Stepney	Car Park

Mission: Change their lives ... and yours.



Palms Australia

Communities in Africa, Asia or the Pacific are seeking Australians from a variety of professions and trades to share their skills with those who have less opportunity to develop their talents.

You will re-ignite your professional passion as you share skills with colleagues abroad.

You will strengthen individuals and organisational processes and procedures so that generations of people will have opportunities for growth long after you return home.

You will Learn. It is a life changing opportunity to work with and live amongst some of the most appreciative and resilient people you will ever meet.

You will be Supported. Since 1961, Palms Australia has supported qualified and experienced Catholics motivated to undertake this Mission.

Explore 35 positions on our website you can also see news including stories from those currently supported in Timor-Leste, Samoa, American Samoa and Thailand.

Please enquire further about potential assignments for you or someone you know: **Website:** www.palms.org.au or call **P: 02 9560 533 or 0422 472 567.**