



In this Sunday's Gospel passage (cf. Mt 13:1-23), Jesus tells a great crowd the Parable - which we all know well - of the Sower, who casts seed over four different types of terrain. The Word of God, symbolised by the seeds is not an abstract Word, but is Christ himself, the Word of the Father who became flesh in Mary's womb. Therefore, embracing the Word of God means embracing the personage of Christ; of Christ Himself.

There are many ways to receive the Word of God. We may do so like a path, where birds immediately come and eat the seeds. This would be distraction, a great danger of our time. Beset by lots of small talk, by many ideologies, by continuous opportunities to be distracted inside and outside the home, we can lose our zest for silence, for reflection, for dialogue with the Lord, such that we risk losing our faith, not receiving the Word of God, as we are seeing everything, distracted by everything, by worldly things.

Another possibility: we may receive the Word of God like rocky ground, with little soil. There the seeds spring up quickly, but they soon wither away, because they are unable to sink roots to any depth. This is the image of those who receive the Word of God with momentary enthusiasm, though it remains superficial; it does not assimilate. In this way, at the first difficulty, such as a discomfort or disturbance of life, that still-feeble faith dissolves, just as the seed that falls among the rocks withers.

Again - a third possibility that of which Jesus speaks in the parable - we may receive the Word of God like ground where thorny bushes grow. And the thorns are the deceit of wealth, of success, of worldly concerns... There, the word grows a little, but becomes choked, it is not strong, and it dies or does not bear fruit.

Lastly - the fourth possibility - we may receive it like good soil. Here, and only here, the seed takes root and bears fruit. The seed fallen upon this fertile soil represents those who hear the Word, embrace it, safeguard it in their heart and put it into practice in everyday life.

This Parable of the Sower is somewhat the 'mother' of all parables, because it speaks about listening to the Word. It reminds us that the Word of God is a seed which in itself is fruitful and effective; and God scatters it everywhere, paying no mind to waste. Such is the heart of God! Each one of us is ground on which the seed of the Word falls; no one is excluded!

The Word is given to each one of us. We can ask ourselves: what type of terrain am I? Do I resemble the path, the rocky ground, the bramble bush? But, if we want, we can become good soil, ploughed and carefully cultivated, to help ripen the seed of the Word.

It is already present in our heart, but making it fruitful depends on us; it depends on the embrace that we reserve for this seed. Often one is distracted by too many interests, by too many enticements, and it is difficult to distinguish, among the many voices and many words, that of the Lord, the only one that makes us free.

This is why it is important to accustom oneself to listening to the Word of God, to reading it. And I return once more to that advice: always keep with you a handy copy of the Gospel, a pocket edition of the Gospel, in your pocket, in your purse... and so, every day, read a short passage, so that you become used to reading the Word of God, understanding well the seed that God offers you, and thinking about the earth that receives it.

(Pope Francis' Homilies)

12 July onwards: IMPORTANT TO NOTE: Formation Sessions for ALL Readers and Extraordinary Ministers of the Eucharist

There will be formation sessions for Readers and Extraordinary Ministers of Holy Communion in most of our Parish Churches. To accommodate those who work and those who prefer not to go out at night, these sessions will be held in both the morning and evening. For Extraordinary Ministers of Holy Communion, it is a mandate by the Archbishop that regular lists be updated and sent to the Archbishop's Office for approval. The sessions will begin with formation for the Readers, then we will have a short break and continue with the training for Extraordinary Ministers of Holy Communion. **Attendance is required of all who volunteer in these vital roles, your cooperation is greatly appreciated. You are welcome to attend ANY of the sessions below:**

St Peter Claver: Wednesday 19 July 9:30am &
Thursday 20 July 6:30pm

St Mary's : Wednesday 26 July 10am & 6:30pm.

Thank you to all who have attended the previous sessions.

Working with Children Check New and Renewal Applications

It is a legal requirement for all regular volunteers 14 years and older to have a current Working with Children Check issued by the Department of Human Services, South Australia. There are no exemptions. It is the responsibility of each volunteer to ensure that your WWCC clearance is up-to-date. Please contact the Parish Office on 82108155 or email: acp@adelaide.catholic.org.au for further information about your local church contact. Thank you for your continued support.

Cathedral of St Francis Xavier, 39 Wakefield Street, Adelaide

Church of St Patrick, 268 Grote Street, Adelaide

Church of St John Vianney, 546 Glynburn Road, Burnside

Church of St Mary, 179 Stanley Street, North Adelaide

Our Lady of Perpetual Help, cnr of Giles St and Todd St, Kingscote, Kangaroo Island

Church of the Holy Name, 80 Payneham Road, Stepney

Church of St Peter Claver, cnr Stuart Road & Grandview Grove, Dulwich

Church of the Queen of Angels, cnr South Road & Kintore Street, Thebarton

ADELAIDE CATHEDRAL PARISH

Archbishop of Adelaide Archbishop Patrick O'Regan DD
Administrator Fr. Anthoni Adimai SdM
Assistant Administrator Fr. Peter Rozitis
Latin Mass Chaplain Fr. Michael McCaffrey, FSSP

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am-4.30pm • 8210 8155
39 Wakefield St (corner of Wakefield and King William St)
Adelaide SA 5000.

Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org

Parish newsletter: www.adelcathparish.org/news-events/
weekly-newsletters.

Aboriginal Catholic Ministry

Otherway Centre 8362 3185

Cathedral Parish Music 8210 8128

Any emergency requiring a priest • 0417 080 955

Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



Regular Mass Timings

REFER TO PARISH WEBSITE FOR DETAILED SCHEDULE OR
SCAN THE QR CODE WITH YOUR PHONE CAMERA FOR
OUR REGULAR TIMINGS

St Francis Xavier Cathedral, Adelaide

Sunday Masses Sat : 6pm (Vigil)
Sun: 7am, 9am, 11am,
2.30pm (African), 6pm

Weekday Masses Mon - Fri: 8am, 12.10pm & 5.45pm
Sat: 8am, 11.30am

Confessions Mon, Wed, Fri: 11-12 noon, 5-5.30pm
Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour Tues: 6.30pm, Fri: 11am

Public Holidays* 8am Mass ONLY at the Cathedral
*Except 26 January and 25 April - Mass at 9am ONLY at the Cathedral

St Mary's, Lower North Adelaide

Tues and Fri: 8am
Sun: 9.30am

Our Lady Queen of Angels, Thebarton

Sat: Confessions: 5.45pm | Vigil: 6pm
Sun: 9.30am

St John Vianney, Burnside

Tues and Thu: Mass: 9am | Confessions (Thu): 9.30am
Sun: 9am

St Peter Claver, Dulwich

Wed: 9am, Fri: 11am Confessions: 11.30am
Sat: Confessions: 5.30pm | Vigil: 6pm
Sun: 11am

Holy Name, Stepney

Sun: 11am

St. Patrick, Grote Street, Adelaide

Sun: 10.30am (Croatian)
4.00pm (Portuguese) ONLY 1st, 3rd & 5th Sunday

Our Lady of Perpetual Help, Kangaroo Island

Sun: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP

Entrance Antiphon: As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.

First Reading: Isaiah 55:10-11.

Responsorial Psalm: The seed that falls on good ground will yield a fruitful harvest.

Second Reading: Romans 8:18-23.

Gospel Acclamation: Alleluia, alleluia! The seed is the word of God, Christ is the sower; all who come to him will live forever. Alleluia!

Gospel: Matthew 13:1-23.

Universal Prayer Response: Lord, hear our prayer.

Communion Antiphon: The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

Next Week: Sixteenth Sunday in Ordinary Time

First Reading: Wisdom 12:13, 16-19.

Second Reading: Romans 8:26-27.

Gospel: Matthew 13:24-43

Liturgies & Activities (17th-23rd July)

Thu St. Apollinaris.

Fri St. Lawrence of Brindisi.

Sat St. Mary Magdalene.

Sun Sixteenth Sunday in Ordinary Time

Prayer Requests for the Deceased

Recently Deceased: Fr. Kevin O'Loughlin, John Leo Day, Rosa Kasum and Fr. Noel Molloy.

Deceased Anniversaries:

Cathedral: Saverio Altamura, Saverio Ragno, Paul & Kaye, T.L Poulouse and Dumon family.

Queen of Angels: Francesca Piuveri, Ielasi family (Antonio, Caterina & Rosario), Saverio & Anna Sergi, Pivato family, Gazzola family, Pat Schirrippa, Rocco & Marianna Minici, Pasquale Carmela Schirrippa and Eteri Cerillo,

St. Mary's: Richard Power, Georgia Alexandra Cotesier, Patricia Frances McInerney and Joseph Raftery.

St. John Vianney/St. Peter Claver: Bill & Peter Cousins, Pauline Mary Finey, Orbito family, Gertrude Cattanaach & family, Douglas & Majorie Anders, Bailey family, De Ming, Kerin Davies, Domenico Patroni & family, Joyce & Tony Burke and Geoff Hasenhohr.

Prayers Requests for the Sick

June Cochrane, Anton Sylvester, Antonio Romeo, Msgr. Robert Egar, Angelina Musico, Charles Dias, Diana, Klevis Gjeluçi, Emily Swan, Julie Nelson, David Clayton, Mary Walsh, Vilma D'Cruz, Ingrid Rebmann, Joshua Jose, Jithin Jamon, Madison Musico, William Shemmeld and Shaun & Joseph Coleiro.

15-16 July: Adelaide Fire Weekend

Deepen in the Holy Spirit and be equipped for evangelisation over two days of talks from interstate speakers, charismatic praise and worship, Masses, the Sacrament of Reconciliation, adoration of the Blessed Sacrament and fellowship. Deepen in the Holy spirit and be inspired by guest speakers from interstate including Sr. Berna Toohey (MGL) and Stephen Kirk (Musician). Families, youth and people of all ages are welcome!

Venue: Blackfriars Priory School, Prospect.

Suggested donation (covers all meals, event costs and children's retreat): \$29 school students; \$39 concession; \$49 adults; pre-schoolers free; family discounts available.

Dates: Saturday 15 July: 10am-9pm
Sunday, 16 July: 10am-2pm.

Bookings essential: app.tickets.org.au/afw/23

More info: adelaidefireweekend@gmail.com

22 July: Retreat at The Monastery

Our next retreat morning with Fr Denis Travers is fast approaching! 'Quiet Light' will commence on the morning of 22 July in the Foley Room at the Monastery. Coffee will be available from 9am and the retreat will begin at 9:30am and conclude at 12:30pm. A suggested donation of \$20 will be accepted on the day. Please contact The Monastery Office on 8338 8700 to register. All are welcome!

23 July: World Day for Grandparents and the Elderly in our Parish

The third World Day for Grandparents and the Elderly, which will be celebrated on July 23, 2023, will have the theme, "His mercy is from age to age" (Lk 1: 50).

This verse reminds us that God's mercy is manifested in history through the testimonies of those who have experienced it and passed it on to their children and grandchildren. Grandparents and the elderly are called to carry this mercy, to tell through words and life how God has been faithful to His promises and how He continues to love His people. They are also called to receive God's mercy, and to allow themselves to be comforted by His fatherly love that never abandons them. The World Day for Grandparents and the Elderly is an occasion to once again express with joy that the Church wants to celebrate together with those whom the Lord -- as the Bible says -- has given "a full life".



This year's *Day* is characterised by its close connection with the World Youth Day, which will be held in Lisbon from 1 to 6 August. This relationship is evident in Pope Francis' message to elders, inviting them to pray for and bless the youth who will participate in the WYD, and to young people, urging them to visit and listen to the grandparents and the elderly in their community. The Pope stressed that between the two generations there is a communion of life and faith, a mutual giving and gratitude, a witness of hope and charity. A special prayer and blessing will be held at all Masses on the day across the Adelaide Cathedral Parish and we invite all our parishioners to attend the service along with their parents/grandparents and elderly members of the family.

29 July: Adult Confirmation

There will be an opportunity for the celebration of the sacrament of Confirmation for adults who have been baptised but not confirmed. This celebration will be held at the 6pm Mass in St Francis Xavier's Cathedral on Saturday 29 July. Archbishop Patrick O'Regan will be the main celebrant. Ahead of the confirmation there will be two preparation sessions for all registered candidates. These sessions will be held on Saturday, 15 July and 22 July, from 1.30-3pm, in the hall adjacent to the Cathedral. For further information and to register for Adult Confirmation, contact the Office for Worship P: 8210 8130, or Kathy Horan P: 8210 8288.

30 July: Women's Afternoon Retreat

An afternoon of talks, guided scripture meditation, quiet personal reflection time, sharing and simply being in peaceful surroundings. The retreat will take place on **Sunday 30th July 1-5pm, Bethany Centre, Mary MacKillop Precinct, 4 High St, Kensington, SA** For more information about the retreat and to book contact Rachel: rachelfleurant.mgl@gmail.com or Petrel: petranelferrao@gmail.com

4 Aug: St. Vincent Pallotti Scholarship for Lay Ministry

The St Vincent Pallotti Scholarship Trust offers scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice and pastoral care. Closing date for applications is 4 August 2023. For more information visit: <https://pallottine.org.au/svpscholarship>

5 Aug: Local World Youth Day Celebrations

World Youth Day Adelaide celebrations will take place on Saturday 5th August from 1:30pm-9:30pm at Sacred Heart College Marcellin Campus, Somerton Park.

Young people (aged 16-35) are invited to participate in workshops delivered by Gianna Lucas, hear from local guest presenters and engage in community conversations. This is followed by an evening of encounter through a special WYD liturgy, dinner and a concert with interstate duo Gus & Iggy and supported by local musicians. \$20 per ticket includes access to all workshops, food and drinks, liturgy and concert.

Details for WYD Adelaide 2023 can be found on www.cathoyouthadelaide.org.au/world-youth-day or by contacting Julian Nguyen, Coordinator of the Catholic Office for Youth and Young Adults on 0472577112 or email: julian.nguyen@cesa.catholic.edu.au

11 Aug: Weekend Retreat at the Monastery

A retreat will be led by Fr Denis Travers on Friday evening and Saturday of 11-12 August. The retreat theme is: Jesus - the healing compassion of God. The input and prayer times will explore Jesus as the revelation of God's deep desire to respond to our pain and bring us to wholeness at every level of our lives and our world. The Retreat begins on Friday evening and concludes Saturday afternoon. \$170 includes all meals and accommodation for the retreat, (limited ensuite rooms available for \$200). Please contact the office via email conference@themonastery.net.au or call 8338 8700. All are welcome to join us.

Latin Mass Community Announcements

We have two visiting seminarians from our seminary in the USA, Mr Steen Kalinowski and Mr Toan Cao, with us for the next week to help with this week's camp. Please make them welcome.

Scripture class continues tomorrow evening at 7.30pm.

Catechism classes and youth group are in recess during school holidays.

The next Confirmation class is on Sunday 30 July.

Registrations for our annual Rosary Pilgrimage to the church of the mid-North on 12 August are now open. Please take a flyer or speak to Rob Marsh for more details.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr. McCaffrey or Fr. Sofatzis after Mass. There is a cuppa after the 9.15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the website.

Please do not place any advertising material in the church without the prior permission of the chaplain. Thank you.

Please remember the sick in your prayers, especially Vincent Moran, Jana Basani, Damian Wyld, Anthony Green (Benedict Green and Anna Ros's son), Kathryn Nader, Tony Caruso, Vincenza Martucci (Ines Barson's mother). Please also remember the recently deceased and those whose anniversaries occur about this time.

19 July: Refugees in Limbo

On 19 July this year, it will be 10th anniversary of former Prime Minister Kevin Rudd announcing that people arriving by boat, seeking asylum, will never be settled in Australia and be processed offshore. To commemorate this anniversary, the national campaign, *Refugees in Limbo - 10 years too long*, will be holding actions across Australia. Here in SA, Justice for Refugees SA, in collaboration with the Adelaide Vigil for Manus & Nauru, will be gathering outside the offices of the Hon Mark Butler MP, the Hon Amanda Rishworth MP and the Department of Home Affairs, *calling for those remaining on PNG, to come to Australia*. Please join us.

Refugees in Limbo - 10 years too long
Wednesday, 19th July 12noon - 1pm
The Hon Mark Butler MP Office - 21 Commercial Rd, Port Adelaide SA 5015 (Justice for Refugees SA)

The Hon Amanda Rishworth MP Office - 232 Main S Rd, Morphett Vale SA 5162 (Justice for Refugees SA)

Dept of Home Affairs Office - 70 Franklin St, Adelaide SA 5000 (The Adelaide Vigil for Manus & Nauru).

23 July: Imagination, Friendship & Spirituality

"Imagination, Friendship and Spirituality" is part of a paper presented at the *2022 Receptive Ecumenism V International Conference* in Sweden. It was received and lauded for its vitality and renewed approach to unity in the diverse family of God, raising practical and grounded ways that we can engage together. Come and enjoy a coffee and conversation on **Sunday, 23rd July: 2pm-4pm at St John's Halifax St, Anglican Church Hall, 379 Halifax St, Adelaide.**

For further information and to RSVP, please contact Rev Anne Hewitt Mob: 0475 016 789 or eo@churchestogethersa.org.au

26 Aug: Musicians Retreat with David and Emma Kruse at Henley Beach Parish

Date & Time: Saturday 26 August | 10am – 4:30pm
Venue: Henley Beach Parish, 420 Seaview Rd, Henley Beach.

Musicians by their very nature are always giving of themselves through their artistic expression, whether in a pub band, on a stage, or leading music in a church. This retreat is for any musician who needs time in prayer, reflection and renewal in the company of other musicians. David and Emma Kruse work in the Brisbane Archdiocese Office for Evangelisation and began Enemy Love Records in 2022. They bring a wealth of experience and freshness to the pastoral care of musicians. Morning tea and lunch are included in the day. There is no cost to participants. RSVP online or contact Peter Bierer: pbierer@adelaide.catholic.org.au

Changes to the Underground Car Park at St. Francis Xavier's Cathedral

We now have a traffic signal system at the entrance of the ramp. Please wait your turn for it to change to green before entering the car park. Please drive very carefully and be mindful of people in the car park while exiting. The Exit boom gate with automatically activate once you parked in front of it. **Kindly use the stairs located at the corner of the carpark to enter and exit. PLEASE DO NOT WALK UP OR DOWN THE RAMP at any point in time.** Thank you for your cooperation.

Join the Cathedral Children's Choir

The Cathedral Children's Choir is welcoming for new members who would like to join in. In case you would like to have your child join the Children Choir please get in touch with Astrid Sengkey from the music team. Kindly email your request to: music@adelaide.catholic.org.au



Safeguarding Children

A reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.