



ADELAIDE CATHEDRAL PARISH

Fourth Sunday in Ordinary Time

28th January 2024

This Sunday's Gospel passage (cf. Mk 1:21-28) presents Jesus who, with his small community of disciples, enters Capernaum, the city where Peter lived and which was the largest city in Galilee at that time. Jesus goes to that city.

The Evangelist Mark, recounts that, since it was the Sabbath, Jesus went straight to the Synagogue and began to teach (cf. v. 21). This reminds us of the primacy of the Word of God, the Word to be listened to, the Word to be received, the Word to be proclaimed. Arriving in Capernaum, Jesus does not delay proclaiming the Gospel, does not think first about the necessary logistics of his small community, does not tarry over the organisation. His primary concern is to communicate the Word of God with the power of the Holy Spirit. And the people in the Synagogue were astonished, because Jesus "taught them as one who had authority, and not as the scribes" (v. 22).

What does "with authority" mean? It means that in the human words of Jesus, the power of the Word of God could be felt, the authority of God, who is the inspiration of the Sacred Scriptures. And one of the characteristics of the Word of God is that He does what He says. For the Word of God corresponds to his will. We, on the other hand, often speak empty, shallow words, or superfluous words, words that do not coincide with the truth. Instead, the Word of God corresponds to the truth, it is united to his will and fulfils what He says. Indeed, Jesus, after preaching, immediately demonstrates his authority by freeing a man, in the Synagogue, who was possessed by a demon, (cf. Mk 1:23-36).

The very divine authority of Christ provoked the reaction of Satan, hidden in that man; Jesus, in his turn, immediately recognised the voice of the evil one and "rebuked him:.... 'Be silent, and come out of him'" (v. 25). With the power of his word alone, Jesus frees the person from the evil one. And once again

those present were amazed: "He commands even the unclean spirits, and they obey him" (v. 27). The Word of God arouses amazement in us. It has the power to astonish us.

The Gospel is the word of life: it does not oppress people, on the contrary, it frees those who are slaves to the many evil spirits of this world: the spirit of vanity, attachment to money, pride, sensuality.... The Gospel changes the heart, changes life, transforms evil inclinations into good intentions. The Gospel is capable of changing people! Therefore it is the task of Christians to spread the redeeming power throughout the world, becoming missionaries and heralds of the Word of God. This is also suggested by today's passage which closes with a missionary perspective, saying: "his fame" — the fame of Jesus — "spread everywhere, throughout all the surrounding region of Galilee" (v. 28).

The new doctrine, taught by Jesus with authority, is what the Church takes to the world, along with the effective signs of His presence: the authoritative teaching and the liberating action of the Son of God become words of salvation and gestures expressing the love of the missionary Church. Always remember that the Gospel has the power to change lives! Do not forget this. It is the Good News, which transforms us only when we allow ourselves to be transformed by it.

That is why I always ask you to have daily contact with the Gospel, to read it every day: a verse, a passage, to meditate on it and even to take it with you everywhere: in your pocket, in your bag.... In other words to nourish yourself every day with this inexhaustible source of salvation. Do not forget! Read a passage of the Gospel every day. It is the power that changes us, that transforms us: it changes life, it changes the heart.

(Pope Francis' homilies)

Fr. Anthoni Adimai SdM

Cathedral of St Francis Xavier, 39 Wakefield Street, Adelaide

Church of St Patrick, 268 Grote Street, Adelaide

Church of St John Vianney, 546 Glynburn Road, Burnside

Church of St Mary, 179 Stanley Street, North Adelaide

Our Lady of Perpetual Help, cnr of Giles and Todd Streets, Kingscote, Kangaroo Island

Church of the Holy Name, 80 Payneham Road, Stepney

Church of St Peter Claver, cnr Stuart Road & Grandview Grove, Dulwich

Church of the Queen of Angels, cnr South Road & Kintore Street, Thebarton

ADELAIDE CATHEDRAL PARISH

Archbishop of Adelaide Archbishop Patrick O'Regan DD
Administrator Fr. Anthoni Adimai SdM
Assistant Administrator Fr. Peter Rozitis
Latin Mass Chaplain Fr. Michael McCaffrey, FSSP

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am–4.30pm • 8210 8155
39 Wakefield St (corner of Wakefield and King William St)
Adelaide SA 5000.

Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org

Parish newsletter: www.adelcathparish.org/news-events/weekly-newsletters.

Aboriginal Catholic Ministry

Otherway Centre 8362 3185

Cathedral Parish Music 8210 8128

Any emergency requiring a priest• 0417 080 955

Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



Regular Mass Timings

REFER TO PARISH WEBSITE FOR DETAILED SCHEDULE
OR SCAN THE QR CODE WITH YOUR PHONE CAMERA FOR
OUR REGULAR TIMINGS

St Francis Xavier Cathedral, Adelaide

Sunday Masses Sat : 6pm(Vigil)
Sun: 7am, 9am, 11am,
2.30pm (African), 6pm

Weekday Masses Mon - Fri: 8am, 12.10pm & 5.45pm
Sat: 8am, 11.30am

Confessions Mon, Wed, Fri: 11-12 noon, 5-5.30pm
Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour Tues: 6.30pm, Fri: 11am

Public Holidays 8am Mass ONLY at the Cathedral
Except 01 January—Mass at 10am at the Cathedral
26 January—Mass at 9am at the Cathedral

St Mary's, Lower North Adelaide

Tues and Fri: 8am Sun: 9.30am

Our Lady Queen of Angels, Thebarton

Wed: 8.30am (Mass suspended until further notice)
Sat: Confessions: 5.45pm | Vigil: 6pm
Sun: 9.30am

St John Vianney, Burnside

Tues and Thu: Mass: 9am | Confessions: 9.30am
Sun: 9am

St Peter Claver, Dulwich

Wed: 9am, Fri: 11am Confessions: 11.30am
Sat: Confessions: 5.30pm | Vigil: 6pm
Sun: 11am

Holy Name, Stepney

Sun: 11am

St. Patrick, Grote Street, Adelaide

Sun: 10.30am (Croatian)
4.00pm (Portuguese) ONLY 1st, 3rd & 5th Sunday

Our Lady of Perpetual Help, Kangaroo Island

Sun: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP

Entrance Antiphon: Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

First Reading: Deuteronomy 18:15-20.

Responsorial Psalm: If today you hear his voice, harden not your hearts.

Second Reading: 1 Corinthians 7:32-35.

Gospel Acclamation: Alleluia, Alleluia! The people in darkness have seen a great light; a radiant dawn shines on those lost in death. Alleluia!

Gospel: Mark 1:21-28

Universal Prayer Response: Lord, hear our prayer.

Communion Antiphon: Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

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Next Week: 4th Feb: Fifth Sunday in Ordinary Time

First Reading: Job 7:1-4, 6-7

Second Reading: 1 Corinthians 9 :16-19, 22-23

Gospel: Mark 1:29-39
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Liturgies & Activities (29th Jan - 4th Feb)

Wed St John Bosco
Thu St Brigid of Ireland
Fri Presentation of the Lord
Sat St Blaise
Sun 5th Sunday in Ordinary Time
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Prayer Requests for the Deceased

Recently Deceased: Sr Elisabeth Dmytryk RSJ, Sr Marie Foale RSJ, Secilia Wijaya, Nunziata Monterosso, Marija Ilicic, Domenico Monteleone, Rod Kershaw, Valerian Joseph Saldanha, Edgardo Tuazo de Jesus, Marie Therese Walsh, Bridie Elward, Peter Manalo

Deceased Anniversaries:

Cathedral: Raphael Ocana, Mauricio Medina, Iasiello & Parella family, Brian Clune, George Lubatti, Lena Sabellico, Margaret Manetta, Kartar Kaur, Adrian Mark Brewer.

Queen of Angels: Anna Marafioti, Caterina & Antonio Rosario Ielasi, Saverio & Anna Sergi, Paulmbo, Tripodi, Forza, Cerace and Lorendi families.

St. Mary's: Robert Kenneth John Barker,

Holy Name: Ina Ruggiero, Lina & Pasquale Ruggeri

St. John Vianney/St. Peter Claver: Margaret Hawkins & family, Marcia Brown, Edward Mulvihill, Geoffrey Shalala, Michael Muray, Dianne Baldwin, John Habib, Tess Fry, Pat & Shiela Travers, Anna Maria Torchio, Damia Shadiac & family, Coralie & Bill Milne, Kath & David Law, Margaret Brittan, Wallent family and Resina Lagilevu.

Prayers Requests for the Sick

Anton Sylvester, Leling Suzara, Antonio Romeo, Smith family, Angelina Musico, Charles Dias, Emily Swan, David Clayton, Mary Walsh, Vilma D'Cruz, Joshua Jose, Jithin Jamon, Madison Musico, William Hemmeld, Daphne Bizell, Peter Slobodian, Marie Winters, Joshua Antony, Pilar Lopez, Adelina Ciavarra, Baby Otilie Sheens, Shaun & Joseph Coleiro and Denis Cranswick, Beverly Garton.

No Southern Cross in January

A reminder there will be no January edition of The Southern Cross. The next edition will be ready for distribution on February 4.

28 Jan: Book table by Legion of Mary

The Adelaide Cathedral Legion of Mary will be running a book table in the portico of the Cathedral, **this Sunday, 28 January 2024**, 9:30 am – 12:30 pm. They will be selling religious books, AND prayer cards, rosaries and miraculous medals et al. will be available for a modest donation. Please bring cash only.

For any further enquiries, please ring Dermott on 0422 562 569

30 Jan: No Holy Hour in the Cathedral

On 30 January, there will be no Holy Hour after the 5,45pm Mass. Please note this and inform those you know. We regret the inconvenience and thank you for your understanding.

3 Feb: Mass & Devotions in Honour of the Immaculate Heart of Mary

Saturday 3rd February, 12pm at St Raphael's Church, Parkside there will be Mass and Devotions to the Immaculate Heart of Mary, beginning with confessions from 11:15am-11:45am. Rosary will recited at 11:30am followed by Mass at 12.00pm. Adoration of the Blessed Sacrament follows Mass until 3:15 pm and concludes with Benediction.

This month's Mass coincides with the commemoration of St Blaise. The traditional blessing of throats will take place during the Mass. For enquiries contact: Elizabeth 0431 664 382 .

8 Feb: CANCELLED — 8am Mass at the Cathedral

On 8 February, the 8am in the St Francis Xavier's Cathedral is cancelled due to another closed event occurring at the same time. The inconvenience caused is deeply regretted. Kindly note the same in your diaries and inform anyone you know who regularly attends the 8am Mass.

9 Feb: New Cathedral Parish Administrator

Fr Lancy D'Silva CSC has been appointed as Dean of the Cathedral and Administrator of the Adelaide Cathedral Parish, from Friday 9 February, 2024. We welcome Fr Lancy to our Parish and ask our parishioners to pray for his ministry in serving the many communities and churches in our Parish. Fr Anthoni Adimai SdM has been appointed as Parish Priest of St Francis of Assisi Parish, Newton from Friday 9 February, 2024. We would like to thank Fr. Anthoni for his leadership and guidance over the last 4.5 years and wish him blessings as he continues the Lord's work at the Newton Parish.

10 Feb: Our Lady of Lourdes Mass at 10am 11.30am Mass is cancelled

Each year, on World Day of the Sick a Mass is offered for those who are of ill health. The Mass will be held on Saturday, 10 February 2023 at 10am in St Francis Xavier's Cathedral. No registration is necessary. All are welcome to receive a blessing and anointing. **This means the regular 11.30am Mass is cancelled.**

For more information please contact Archdiocesan Events on (08)82108220 or E:events@adelaide.catholic.org.au

10/11 Feb: Day of the Unborn Child Appeal

A special collection will be taken up in support of the work undertaken by Birthline Pregnancy Support and Genesis Pregnancy Support Inc.

The Day of the Unborn Child assists us to focus on those people in our families and communities who have experienced any sort of child-bearing loss, whether miscarriage, still-birth, the death of a baby soon after birth, or abortion.

We encourage you to be generous in your support of those who work tirelessly with individuals and families who require these important resources and services.

10 Feb: Walk for Life 2024

The Vicar General invites all parishioners to the 'Walk for Life, 2024' at Pennington Gardens, opposite St Peter's Cathedral, North Adelaide on 10 February at 10am. This walk will be a peaceful public witness to the value of every human life, especially the unborn. The theme will be "Every Life is a Gift" with reference to Psalm 127:3 '*Children too are a gift from the Lord... a reward*'

11 Feb: Feast of St Josephine Bakhita

Thursday 8 February is the Feast Day of St Josephine Bakhita. The African Catholic Community will celebrate this feast at the St Francis Xavier Cathedral on Sunday 11 February at the 2.30pm Mass. All are welcome to attend. No prior registration necessary.

18 Feb: Rite of Election

The Rite of Election will be at 2.30pm on 18 February at the St Francis Xavier Cathedral. The Rite of Election marks the entry of the catechumens into the final phase of their preparation to receive the sacraments of initiation on Easter Vigil. After the Rite of Election is complete, the catechumens will be referred to as 'the elect'. Please keep them all in your prayers.

Due to this, the 2.30pm African Mass will be moved to St Patrick's Church, Grote St.

25 Feb: 60th Anniversary of Caritas in Australia

All Caritas supporters - young and old - are invited to join the Archbishop on Sunday 25 February, for the 11am Mass at St Francis Xavier's Cathedral to commemorate 60 years of Caritas in Australia, with its foundations proudly in Adelaide! Please save the date in your 2024 diary - we look forward to celebrating this milestone with all parishes, schools and anyone who supports the good work of Caritas Australia - helping us to create a just and compassionate world.

Latin Mass Community

The Annual Latin Mass Community Meeting will take place today at 11am in the Ellengowan Hall. All welcome.

Beginners Latin commences this Tuesday 30th January, from 7 pm to 8:15pm in the meeting room.

Holy Name Men's Group January BBQ is this Wednesday 31st January at 6.30pm at the presbytery at Dulwich. Please bring your own meat, drinks and a chair. All welcome.

This Friday is the 1st Friday of the Month.
6.30pm: Low Mass followed by 1st Friday Devotions, Benediction and Compline, with Adoration continuing overnight until 6.30am Saturday. There will be the usual Holy Hours for the clergy at 3am and families at 5.30am.

This Saturday is the feast of Candlemas (The Presentation of the Lord). There will be a Low Mass at 7am and a Sung Mass with the blessing of the candles and a short processions at 8.30am.

Scripture class on St Matthew's Gospel recommences at 7.30pm on Mon 4th February. Thursday adult catechetics classes begin on 7th Feb and Youth group and kids catechetical begin on Fri 8th Feb.

The bookstore has now closed and will reopen in Feb. 2024. Thank you for your patronage. FSSP Calendars are still available from Fr McCaffrey for \$15.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr McCaffrey or Fr Sofatzis after Mass. There is a cuppa after the 9:15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the website.

Please do not place any advertising material in the church without the prior permission of the chaplain. Thank you.

Please remember the sick in your prayers, especially Damian Wyld, Domenic Marafiotte, Michael Turnbull (Bob Turnbull's brother), Tony Caruso and Vincenza Martucci (Ines Barson's mother). Please also remember the recently deceased, especially Denys Field (Felicity Collins' father) and those whose anniversaries occur about this time

Fringe Festival 2024 - Pipe Organ Recitals at the Cathedral of St Francis Xavier

Join our organists during the Fringe Festival:

Date	Time	Artist
21 February	1pm	Amir Robin-Karas
25 February	1pm	Festival of Hymns by James Lloyd
28 February	1pm	Jacinta Jakovcevic
6 March	1pm	Graham Bell
17 March	1pm	Young Organists

Cathedral Car Park and Staircase Driveway on the Cathedral lawns and Driveway in the Underground Car park

All pedestrians and parents with baby strollers must use ONLY the carpark staircase when entering and exiting the underground carpark. Using the carpark ramp as a pedestrian walkway or for baby strollers is a major safety hazard. Please avoid doing so.

Please do not double park your vehicle in the underground car park driveway. Blocking the safe entry and exit of vehicles during Weekend Masses is a major safety hazard. Parking on the driveway of the Cathedral lawns is also prohibited at all times.

Both the driveways (underground car park and on the lawns) must be free for movement of vehicles at all times.

ACP School Aged Sacramental Program 2024

The Adelaide Cathedral Parish will be conducting a preparation program in 2024 for the Sacraments of Initiation, including Baptism, First Reconciliation, First Holy Communion, and Confirmation. Candidates should be at least 8 years old in early 2024. The program will start in February 2024 and enrollments should be completed at the earliest. If your child requires the sacrament of baptism, you will need to arrange an appointment to meet the parish administrator, before they can be enrolled in any other preparation program. Parents who would like their child enrolled in this program should contact the Parish Office email: acp@adelaide.catholic.org.au or call 82108155.

Adelaide Cathedral Young Adults Group

The Adelaide Cathedral Young Adults Group invite the Youth of our Parish to join them each week in their Ministry of fellowship. They regularly meet on Sunday evenings and their schedule is as follows:

1st and 3rd Sundays: Choir for 6pm Mass

4pm - Choir Practice

6pm - Sunday Mass

7pm - Dinner in Chinatown

2nd and 4th Sundays: Group Meetings

6pm - Sunday Mass

7 - 8.30pm - Group gathering in the Cathedral Hall.

If you are interested to know more about the group and their activities, please contact Samantha David on 0404887964 or Julian Stewart after the Sunday 6pm Mass at the Cathedral. Please note that the Youth Group is open ONLY for people aged 18-35 years.

Adelaide Cathedral Children's Choir

The Children's Choir is a growing group of primary school-aged students who usually sing on the first Sunday of each month at the 9am Sunday Mass at the Cathedral. We are always welcoming new members from 5-12 years of age. Please email the Cathedral Music Team at music@adelaide.catholic.org.au for more information. The next time the children's choir are singing will be on 4 Feb 2024 at the St Francis Xavier Cathedral