



# ADELAIDE CATHEDRAL PARISH

Nineteenth Sunday in Ordinary Time - Year B

11th August 2024

## Sunday reflection on the Gospel according to John 6:41-51

After Jesus had fed the 5000 with five barley loaves and two fish, they wanted to make him king. They acknowledged Him as the "prophet who is to come into the world." In His discourse with the Jews, He said that He came down from heaven to give life to the world and that He is the true bread that endures into eternity. But the Jews knew Him as the son of Joseph and Mary. They lacked faith in Jesus, which is a gift from God. Those who have that gift will come to Him and believe in Him.

Jesus is the bread of everlasting life, unlike manna. Jesus' very body would be turned into the bread which would sustain those who believe in Him. He was directly foretelling of the Eucharist. Those who accept God's gift of faith in Jesus will receive further revelation from God. It is only through the Son made man, that human beings can see the Father through the eyes of faith.

Manna gave the Jews physical life only while the true bread which is Jesus Christ present in the Eucharist will give eternal life. John is clearly connecting the bread of life with the redemptive death of Christ.

Before we accept the teaching on the Eucharist, we first accept Him as Divine, as the Son of God. The Jews had strict monotheism as their God was only one. Therefore, they could not accept the divinity of Jesus. The Galileans who denied Jesus begun a long line of unbelievers who had stretched down through the centuries to our own day.

We believe in a loving God and in His divine Son, Jesus Christ, who came on earth to bring us to heaven, and in the Holy Spirit who completes the work of sanctification in us. The Eucharist is our food for the journey. When Jesus said, "the bread which I shall give for the life of the world is my flesh", He hit the climax toward which the discourse with the Jews was leading.

As Elijah was strengthened by miraculous food and drink in the wilderness to reach the mountain of God, so also the Christians who have the gift of faith are strengthened by the Body and Blood of Christ in the Eucharist on their journey to heaven, to beatific vision.

Elijah was seeking strength and renewal from the mountain of God and only God could offer this. So also, Christians in faith seek renewal and strength from the altar where they receive the Eucharist, a great gift from God.

When we receive the Eucharist, we become Christ-like. St. Paul in his letter to the Ephesians is exhorting us that to be Christ-like is to be always forgiving, always kind, always tender-hearted, and not grieve the Holy Spirit of God. This means that we put away all bitterness and wrath and anger and wrangling and slander, together with malice.

Therefore, spend your whole life coming to Jesus, feed on His word and the Eucharist to be strengthened and empowered to be virtuous while avoiding vices. Be imitators of God as beloved children and live in love as Christ loved us and gave Himself for us, a fragrant offering and sacrifice to God.

## 11 Aug: National Vocations Awareness Week

National Vocations Awareness Week comes to a close this Sunday. We acknowledge the Single Life, Married Life and Family Life, as well as all Lay Ministries within the Church. In the context of the call to all the baptised we especially pray for an increase in vocations to the Consecrated Life of Sisters and Brothers, to the Diaconate and to the Priesthood. For more details please contact Fr. Dean Marin VG, Director of Vocations Adelaide Archdiocese or Sr. Jenny Seal, fdnsc, Coordinator of SA Vocation Network. More more information or details, kindly email: [vocations@adelaide.catholic.org.au](mailto:vocations@adelaide.catholic.org.au) or please visit [www.vocationsadelaide.catholic.org.au](http://www.vocationsadelaide.catholic.org.au)

## Vocations Appeal

There will be a special collection taken up in our Parish on this weekend of 10/11 August to support the Vocations Ministry of the Archdiocese of Adelaide. The funds help in supporting the education and formation over several years of men seeking to server the people of the Archdiocese as priests and deacons. We currently have two young men studying at the Holy Spirit Seminary in Brisbane, Godwin James and Antony Sebastian. Please remember them in your prayers, and also those preparing for the Permanent Diaconate.

## 11 Aug: The Young Adults Group invites you to Rosary Night: Pray for our loved ones

Join us for a heartfelt evening of prayer and devotion as we gather to pray for our loved ones. Whether it's a loved one who has drifted away from the Church, a friend facing challenges and difficulties, or someone you believe needs the gentle touch of God's love, we invite you to come and bring your intentions to our gathering. Event will be on Sunday, 11th August from 7:00-8:30 pm at Cathedral Hall.

The Adelaide Cathedral Young Adults Group invite the Youth of our Parish to join them each week in their Ministry of fellowship. They regularly meet on Sunday evenings.

**If you are interested to know more about the group and their activities, please contact Ngoc Nguyen on 0424643310 after the Sunday 6pm Mass at the Cathedral. Please note that the Youth Group is open ONLY for people aged 18-35 years. Please check the notice board for regular updates and events being hosted by the Young Adults Group.**

Cathedral of St Francis Xavier, 39 Wakefield Street, Adelaide

Church of St Patrick, 268 Grote Street, Adelaide  
Church of St John Vianney, 546 Glynburn Road, Burnside  
Church of St Mary, 179 Stanley Street, North Adelaide

Church of the Holy Name, 80 Payneham Road, Stepney  
Church of St Peter Claver, cnr Stuart Road & Grandview Grove, Dulwich  
Church of the Queen of Angels, cnr South Road & Kintore Street, Thebarton

Our Lady of Perpetual Help, cnr of Giles and Todd Streets, Kingscote, Kangaroo Island

# ADELAIDE CATHEDRAL PARISH

**Archbishop of Adelaide** Archbishop Patrick O'Regan DD  
**Administrator** Fr. Lancy D'Silva CSC  
**Assistant Administrator** Fr. Peter Rozitis  
**Assistant Priests:**  
Fr. Matthew Newman Fr. George Ocholla  
Fr. Francis Tawil Fr. My Tran  
Fr. Tony Telford-Sharp Fr. James McEvoy  
**Latin Mass Chaplain** Fr. Michael McCaffrey, FSSP

**Parish Office** (across the lawn from the Cathedral)  
Mon to Fri: 9.30am–4.30pm • 8210 8155  
39 Wakefield St Adelaide SA 5000.  
Mailing: GPO BOX 1364, Adelaide SA 5001.  
acp@adelaide.catholic.org.au • www.adelcathparish.org  
Parish newsletter: [www.adelcathparish.org/news-events/weekly-newsletters](http://www.adelcathparish.org/news-events/weekly-newsletters)

**Aboriginal Catholic Ministry**  
Otherway Centre 8362 3185  
**Cathedral Parish Music** 8210 8128

**Any emergency requiring a priest**• 0417 080 955  
**Pastoral Care:** Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



**Regular Mass Timings**  
REFER TO PARISH WEBSITE FOR DETAILED  
SCHEDULE OR SCAN THE QR CODE WITH YOUR  
PHONE CAMERA FOR OUR REGULAR TIMINGS

## **St Francis Xavier Cathedral, Adelaide** **Sunday Masses**

**Sat** : 6pm(Vigil)  
**Sun**: 7am, 9am, 11am,  
2.30pm (African), 6pm

**Weekday Masses** **Mon - Fri**: 8am, 12.10pm & 5.45pm  
**Sat**: 8am, 11.30am

**Confessions** **Mon, Wed, Fri**: 11-12 noon, 5-5.30pm  
**Sat**: 12 noon-1pm, 4.30-5.30pm

**Holy Hour** **Tues**: 6.30pm, **Fri**: 11am

**Public Holidays** 8am Mass ONLY at the Cathedral  
Except 01 January—Mass at 10am at the Cathedral  
26 January—Mass at 9am at the Cathedral

**St Mary's, Lower North Adelaide**  
**Tues and Fri**: 8am **Sun**: 9.30am

**Our Lady Queen of Angels, Thebarton**  
**Sat: Confessions**: 5.45pm | **Vigil**: 6pm  
**Sun**: 9.30am

**St John Vianney, Burnside**  
**Tues and Thu: Mass**: 9am | **Confessions**: 9.30am  
**Sun**: 9am

**St Peter Claver, Dulwich**  
**Wed**: 9am, **Fri**: 11am **Confessions**: 11.30am  
**Sat: Confessions**: 5.30pm | **Vigil**: 6pm  
**Sun**: 11am

**Holy Name, Stepney**  
**Sun**: 11am

**St. Patrick, Grote Street, Adelaide**  
**Sun**: 10.30am (Croatian)  
4.00pm (Portuguese) - 1st, 3rd & 5th Sundays ONLY

**Our Lady of Perpetual Help, Kangaroo Island**  
**Sun**: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

# WORSHIP

**Entrance Antiphon:** Look to your covenant, O Lord, and forget not the life of your poor ones forever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

**First Reading:** 1 Kings 19:4-8.

**Responsorial Psalm:** Taste and see the goodness of the Lord.

**Second Reading:** Ephesians 4:30-5:2.

**Gospel Acclamation:** Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!

**Gospel:** John 6:41-51.

**Universal Prayer Response:** Lord, hear our prayer.

**Communion Antiphon:** O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

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**Next week: Twentieth Sunday in Ordinary Time.**

**First Reading:** Proverbs 9:1-6.

**Second Reading:** Ephesians 5:15-20.

**Gospel:** John 6:51-58.

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## Liturgies & Activities (12th-18th Aug)

**Mon** St. Frances de Chantal.  
**Tue** St. Pontian, Pope and St. Hippolytus, Priest.  
**Wed** St. Maximilian Mary Kolbe.  
**Thu** Solemnity of the Assumption of the Blessed Virgin Mary  
**Fri** St. Stephen of Hungary.  
**Sun** Twentieth Sunday in Ordinary Time.

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## Prayer Requests for the Deceased

**Recently Deceased:** Doris Robinson, Joan Cay Ehina, Christian Joy Collantes, Katherine Reyes, Clarence Castillo, Ely Banes, Jose Marie Olayres.

### Deceased Anniversaries:

**Cathedral:** Alias Henry, Noel Peiris, Alberto Palado, Pilar Palumbo, Teresita Canonoy, Ronald Cajayon, Bruce McLean, Violetta Concepcion, Ella Guab,

**Queen of Angels:** Domenica Zampogna, Palumbo family, Tripodi family, Forza family, Laurendi family, Gerace family, Velardo family (Angelo, Maria & Vincenzo), Saverio & Anna Sergi and Ielassi family (Antonio, Rosario & Caterina)

**St. Mary's/Holy Name:** Ann Rogerson and Harold O'Shea

**St. Peter Claver/St. John Vianney:** Martin Leroy Adams, Palma Zotti, Diego Poletti, John Andrews, Ivy Elcombe, Peter & Eileen Binnie, Edna Glyn, Maureen Hill and Frank & Elizabeth Storno.

## Prayers Requests for the Sick

Steve Gleeson, Anton Sylvester, Antonio Romeo, Emily Swan, Angelina Musico, Charles Dias, Vilma D'Cruz, Joshua Jose, Madison Musico, Peter Slobodian, Joshua Antony, Denis Cranswick, Maresa, Allan Mason, Fidel Ruivivar, Araceli Suzara, Jen Andrea Sims-Imperial and Beverly Garton.

## 10 Aug: Introducing Drawn into the Joy of the Gospel:

### Formation in the Archdiocese of Adelaide

What is formation? Why is formation important for Catholics? How to provide formation opportunities in our local communities? Join Fr. James McEvoy and Peter Bierer for this workshop exploring Drawn into the Joy of the Gospel: Formation in the Archdiocese of Adelaide and its applications to local communities, parishes and schools in the Archdiocese of Adelaide. Workshop dates and locations vary across the Archdiocese. For more information contact Peter Bierer at [pbierer@adelaide.catholic.org.au](mailto:pbierer@adelaide.catholic.org.au)

August dates:

**Saturday:** August 10, 10am, Croydon Park Parish Hall

**Tuesday:** August 20, 7pm, St Matthew's Hall, Bridgewater

RSVP at: <https://www.trybooking.com/CRMMC>

## 12 Aug: Preparing for the Jubilee Year-2025 Vatican II, Synodality and Pope Francis

The Archdiocese of Adelaide invites you to a presentation from Dr Massimo Faggioli, Professor of Theology and Religious Studies at Villanova University, USA on Monday 12 August 7pm at the Monastery in Glen Osmond. Professor Faggioli is a well known church historian, writer, Vatican commentator and columnist. He is an expert on the history and administrative inner workings of the Catholic Church and of the papacy. Dr. Faggioli's presentation will be an opportunity to prepare for the 2025 Jubilee Year placed within the context of the Second Vatican Council, the Synod on Synodality and papacy of Francis. Bookings are essential for attending the event. For more information contact Peter Bierer: [pbierer@adelaide.catholic.org.au](mailto:pbierer@adelaide.catholic.org.au) or Tel: 82108210 or RSVP online at [www.trybooking.com/CSRJG](https://www.trybooking.com/CSRJG)



## 15 Aug: Palms Australia Mission: Transforming Lives

Have you been considering whether an overseas professional placement with Palms is for you? Wanting to share your skills with communities in the Pacific, Asia or Africa to help develop self-reliance and sustainable solutions to poverty? Join our Palms' [Discovery Webinar](#) online on Thursday, 15th August. Meet Carolyn, currently in Timor Leste, and former Palms participants to find out more about [Assignments Aboard](#). Email: [palms@palms.org.au](mailto:palms@palms.org.au) or Contact: (02) 9560 5333. **Venue:** Online via Zoom- register at [palms.org.au/event/discovery-online/](https://palms.org.au/event/discovery-online/)

**Date & Time:** Thursday, 15th August 7:00pm-8:00 pm

## 22 Aug: Dulwich Knitting Group

The Dulwich knitting group will meet on Thursday, 22 August at the Peter Claver Church Hall, Stuart Road, Dulwich, which is diagonally opposite the church. Come at any time after 10.30am. There is no need to bring anything with you, as we have supplies available. We warmly welcome parishioners and their friends to join us to knit, chat, enjoy morning tea, or simply to be in the company of others. All are welcome. Last month we had a large collection of items to distribute to Fred's Van attendees, refugee families and residents of women's shelters. Thank you to all those who contributed over the summer months by continuing to knit, stitch squares together and donate 8 ply wool. The remaining dates for this year are follows: Thursday, 22 August and Thursday, 26 September. For further information, contact Julie (0468 636 190).

## 24 Aug: Community Day on Meaningful Ageing

The World Community for Christian Meditation South Australia invites you to a Community Day on 'Meaningful Ageing' with the Rev Dr Les Underwood (Uniting SA Minister and Director of both the Uniting SA Clinical Pastoral Education Centre and the St Barnabas Anglican Clinical Pastoral Education Centre) as our guest speaker. There will be a Q&A panel in the afternoon; and time to meditate.

**Date:** Saturday August 24 2024, 11am - 3pm

**Place:** St Michael's Anglican Church, 18 Church Road, Mitcham.

Please bring some lunch to share and your cup. Suggested donation \$15. For more information and to register contact: [chrmed.southaust@gmail.com](mailto:chrmed.southaust@gmail.com)

## 1 Sep: Catholic Charities Month



In the month of September, we are promoting the Catholic Charities Appeal which supports the following agencies in South Australia: Hutt St Centre, Aboriginal Catholic Ministry, Centacare Catholic Family Services, Our Lady of La Vang and St Patrick's Special Schools. Please take a leaflet with you to find out more about the September Appeal. These frontline agencies support some of the most vulnerable in the community at a time when many people are doing it tough. Brochures with reply paid envelopes will be available at the back of the church from this weekend. All donations of more than \$2 are tax deductible. Donations can be made via the reply online: <https://adelaide.goodgiving.com.au/qr/cc> or through the paid slip on the leaflets/envelopes. We thank you for your kindness and generosity to help our fellow South Aussie brothers and sisters.

## 6 Sep: The Adelaide Planetarium Season of Creation Event

The Catholic Archdiocese of Adelaide invites you to a 60-minute experience at the Adelaide Planetarium, to celebrate the Season of Creation. The event will occur on Friday 6 September from 7pm-8pm at the UniSA Mawson Lakes campus. Places are limited so register early at <https://www.trybooking.com/CTENZ>

## 29 Sep: Migrant and Refugee Sunday (Multicultural Mass) at St Francis Xavier's Cathedral

Everyone is invited to celebrate Migrant and Refugee Sunday in St Francis Xavier's Cathedral on 29 September at 2.30pm. All are welcome! Come dressed in cultural attire and enjoy an ice cream and coffee after Mass, as we celebrate the many cultures that make up our amazing church in Adelaide. For more information about World Migrant and Refugee Sunday, contact Tracey Tessitore at [tessitore@adelaide.catholic.org.au](mailto:tessitore@adelaide.catholic.org.au) in the Pastoral Services Team: Justice, Healing and Inclusion.

## Latin Mass Community

Fr. McCaffrey is in Sydney this week. There will be no Scripture Class this Monday.

Altar Servers' practice continues tomorrow Monday 5<sup>th</sup> August, 5:30-6:30pm.

This Thursday is the Feast of the Assumption. There will be Low Masses at 7am and 9.30am, and Sung Mass at 6.30pm.

Registrations for this year's *Christus Rex* Pilgrimage are now open. See [www.christusrexpilgrimage.com](http://www.christusrexpilgrimage.com) for details.

There are six places still available for our men's silent retreat in January 2025. Please contact Marco Barsotti if you are interested (details on flyer).

If anyone has a medium sized upright freezer that they would be willing to donate to our community, please see Fr McCaffrey.

Please do not place any material (advertising or otherwise) in the church without the prior permission of the chaplain. Thank you.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr. McCaffrey, Fr. McGuckin or Fr. Sofatzis after Mass. There is a cuppa after the 9:15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the website.

Please remember the sick in your prayers, especially, Margaret Easlea, Terry Muscat (Chris Forrester's mother), Constantine Day, Damian Wyld, Domenic Marafiotte, Tony Caruso and Vincenza Martucci (Ines Barson's mother). Please also remember the recently deceased, and those whose anniversaries occur about this time.

## ACBC Research Project: Absent from the Table

The Australian Catholic Bishops Conference is undertaking a research project aimed at investigating why some Catholics do not participate in regular weekly Sunday Mass (Sunday Mass includes the Saturday Vigil). The survey closes on Tuesday August 20 2024. Parishioners are encouraged to reach out to those they know who could participate in the survey. Please share the following link mentioned below to complete the survey: <https://bit.ly/AbsentFromTheTableSurvey>

## Rite of Christian Initiation of Adults (RCIA) Cathedral Program 2024/2025

Each year, our parish runs a series of instruction for adults who are interested in joining the catholic faith. This is called the RCIA (Rite of Christian Initiation of Adults) program. The 2024/2025 sessions will start in late August/early September 2024. If you are interested in joining this group, or even have an interest in finding out more about the catholic faith, you are invited to contact the Parish Office on 82108155 or please email: [acp@adelaide.catholic.org.au](mailto:acp@adelaide.catholic.org.au)

## REMINDER NOTICE TO ALL PARISHIONERS:

### Cathedral Car Park and Staircase Driveway on the Cathedral lawns and Driveway in the Underground Car park

**This is a REMINDER NOTICE to all parishioners and visitors when using the underground carpark.** All pedestrians and parents with baby strollers must **ONLY USE** the carpark staircase when entering and exiting the underground carpark. Using the carpark ramp as a pedestrian walkway or for baby strollers is a major safety hazard. Please avoid doing so. **The underground carpark is monitored with cameras at all times.**

**Please do not double park your car in the underground car park driveway. Blocking the entry and exit of vehicles during Weekend Masses is a major safety hazard and the vehicle will be towed away at the owner's cost.**

Parking on the driveway of the Cathedral lawns is also prohibited at all times. Both the driveways (underground car park and on the lawns) must be free for movement of vehicles at all times. Thank you for your cooperation.

## Safeguarding Children

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member when walking through the underground carpark, attending Church Services or attending activities in the Hall.

## EMERGENCY EVACUATION NOTICE:

### Churches in Adelaide Cathedral Parish

In the unlikely event of an emergency, please follow directions of the Priest who shall act as the Chief Warden and take control of the emergency response. When directed to evacuate the church:

- Move quickly and orderly to the nearest safe exit, do not run
- If required, provide assistance to disabled persons and the elderly
- Alert the Priest / Warden if someone is unable or unwilling to evacuate
- Proceed to the designated assembly area and await further instructions from the Priest or emergency services
- Do not re-enter any buildings until advised by the Priest or emergency services

### ASSEMBLY POINTS IN EMERGENCY EVACUATION

St Francis Xavier Cathedral	Mary MacKillop Plaza
Queen of Angels Church, Thebarton	Grass area
St Mary's Church, North Adelaide	Car Park
St John Vianney, Burnside	Car Park
St Peter Claver, Dulwich	Car Park
Holy Name Church, Stepney	Car Park